

Celeb Chefs' Best Recipes / **Goodbye, Mr. Spock**

LEONARD NIMOY

1931-2015



People

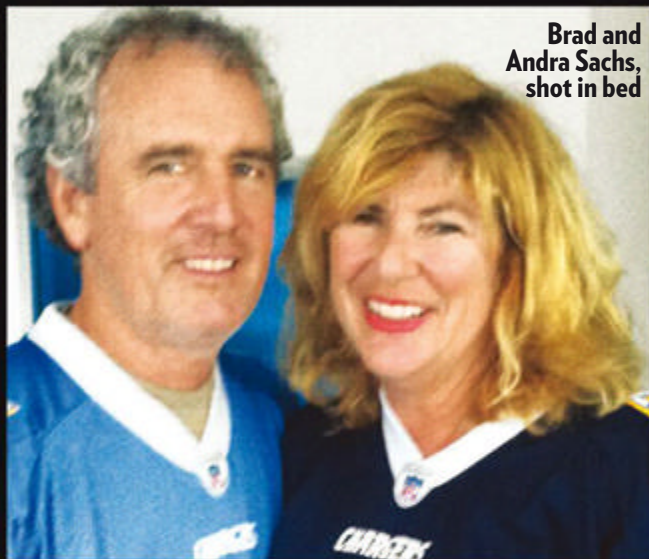
March 16, 2015

WHY DID A TEEN KILL HIS PARENTS?

PERFECT FAMILY, SHOCKING MURDER



Ashton Sachs, 19



Brad and
Andra Sachs,
shot in bed



**PATRICIA
ARQUETTE**

On Refusing to Change
for Hollywood



**She Uses
Drugstore
Shampoo!**

**Kim Shares
All Her Beauty
Tricks with
People**

Ashton Sachs was an honor student and a 'sweet boy'—
until he opened fire in his California home.

INSIDE A WEALTHY FAMILY'S DARK SECRETS

FROM THE CREATOR OF VERONICA MARS

ZOMBIE

KICKING ASS AND TAKING BRAINS



SERIES
PREMIERE

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THE CW
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Chatter

For March 16, 2015

'He's younger than me, and he wants kids, so we'll see what happens. If nothing happens, that's okay too.'

—**SOFIA VERGARA**, on plans to start a family with fiancé Joe Manganiello

'I hope they can take solace from the fact that she was clearly much loved and her support of our show is hugely appreciated and shall be remembered.'

—**BENEDICT CUMBERBATCH**, writing to a grieving family whose daughter was a *Sherlock* fan

'We're so happy to be married, and it's been going great. I think we're very lucky.'

—**LAUREN CONRAD**, on newlywed life with William Tell

'#forty'

—**DREW BARRYMORE**, celebrating her milestone birthday, on Instagram

'He's our main objective. He's what's most important for us, so we're still there as a family.'

—**TAYE DIGGS**, on his efforts with ex-wife Idina Menzel to prioritize 5-year-old son Walker

'Surreal and unreal. I can't believe it's over.'

—**JANE LYNCH**, on wrapping *Glee*

'I'm inspired, though, when I see how many people of color are doing such good work out there.'

—**HALLE BERRY**, on diversity in Hollywood

Q & A

Anne Heche

The actress, 45, stars in USA's archaeological thriller miniseries Dig.

Dig is set in Jerusalem. Did you shoot there?

Yeah, it was amazing. We shot the whole first episode there solely, and then we went all over.

It brings to mind another famous archaeologist—did you pull out your inner Indiana Jones?

It's very *Indiana Jones*! He kicks butt; so does [costar] Jason Isaacs. I do too. People die all over the place.

Such a fun role. So are you a cool mom?

I don't know how cool it is, but on a Saturday morning you will catch me on the couch with my kids [Homer, 13, and Atlas, 6] playing *LEGO Star Wars*. If they get stuck, they're like, "Mom, get in here!" I can clear the levels.

Any other rituals?

"Uptown Funk" is so much a part of our family life. The other day my 6-year-old said, "Mom, we have to uptown funk you up in the car." And I was like, "That came out wrong!" It's become quite a joke in our house.

—**JEFF NELSON**

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LEONARD NIMOY

Remembering the one-of-a-kind man behind *Star Trek's* Mr. Spock.

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Style Tracks

Lily James dazzles at the world premiere of *Cinderella* in a dress worthy of a princess!

FROM LEFT: DAVID LIVINGSTON/GETTY IMAGES; EVERETT



There's loads of extra content on all our tablet editions. Find out more at people.com/tablet

ON THE COVER Photographs courtesy Lesley Summers and Ruth Briscoe. Insets, from top: Photofest; HT/ABACA; Michael Simon/Startraks

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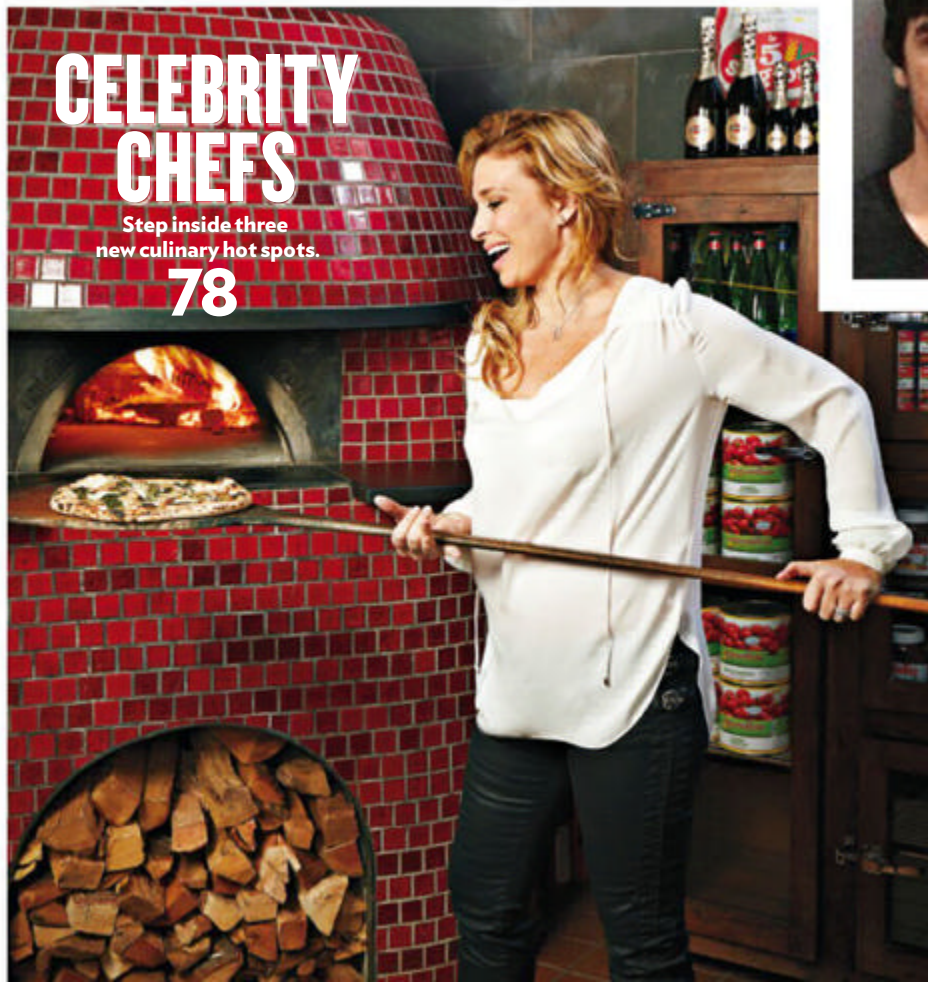
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At 19, **Ashton Sachs** fatally shot his parents and paralyzed his little brother. What made him snap?

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Texas high school custodian **Charles Clark** is a father figure to hundreds of kids



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InStyle



Kelly Clarkson with daughter River Rose.

'Beautiful pictures of Kelly and her adorable baby' Jessica DeLeon via e-mail

Kelly Clarkson

Kelly is truly one of the best female vocalists of our time. She's glowing with love for River Rose, and I wish her and her baby girl all the best!

Tracey via people.com

She's still that down-to-earth woman! And baby River Rose ... what an adorable little one!

She kept the Oscar show funny—and classy.

Bill Johnson Texas City, Texas

Martina Navratilova

Congrats to a wonderful champion and her beautiful wife. I wish them many happy years!

Ally via people.com

Fergie

Tough pasts can empower others. Thanks for demonstrating a way to overcome challenges and root for others.

Micaela via people.com

Daisy Duarte

Daisy Duarte is not only a hero, but also an inspiration to those afraid to face the inevitable. By being proactive with her mother's Alzheimer's, she has encouraged others to take control of their situations.

Toni M. Elkins Columbia, S.C.

I, too, am a full-time caretaker of my 63-year-old mother, who was diagnosed with early-onset Alzheimer's. I choose to not get tested,

MailBag

For March 9, 2015

and I respect the bravery of anyone who does. Hopefully a cure comes for her sake and probably for mine too.

Kelli Viramontes via e-mail

On Mars

I can't imagine going and saying goodbye to my mom ... forever! It gives me the chills!

Jeanne via people.com

Correction In the March 9 Dancing with the Stars cast reveal (page 32), we incorrectly stated that March 16 is the season 10 premiere of the show. It is actually the season 20 premiere. PEOPLE regrets the error.

Get in Touch

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Letters should include the writer's full name, address and daytime phone number and may be edited for clarity and space.

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People UPDATE



CONVICTED Routh (below right), who killed Kyle (below left), is going to appeal, says his lawyer.

Sniper Killer Found Guilty

Two years after Chris Kyle and his friend Chad Littlefield were fatally shot on a Texas gun range, their families got the verdict they had been hoping for. On Feb. 24 a jury found Eddie Ray Routh guilty, and he was sentenced to life in prison without parole. During the dramatic nine-day trial (which we wrote about in our March 2 issue), prosecutors argued that Routh, 27, who pleaded not guilty by reason of insanity, knew right from wrong when he killed Littlefield and Kyle—the real-life hero who inspired the blockbuster movie *American Sniper*. The morning after the verdict, Chris's widow, Taya Kyle—who gave a tearful testimony in court (left)—wrote on Facebook, "God Bless the Jury And Good People of Stephenville, Texas!!"

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FROM THE CREATOR OF ONE TREE HILL

THE ROYALS

 **NARCHY**
IN THE
MONARCHY



E

PREMIERES MARCH 15

SUNDAYS 10|9c

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StarTracks



Prince William the samurai? The Duke of Cambridge wears traditional cultural garb while visiting Japan's iconic NHK Public Broadcasting Studios in Tokyo on Feb. 28, although he chose to forgo the accompanying wig. "If I put one of these on, my brother would never let me forget it," he joked.

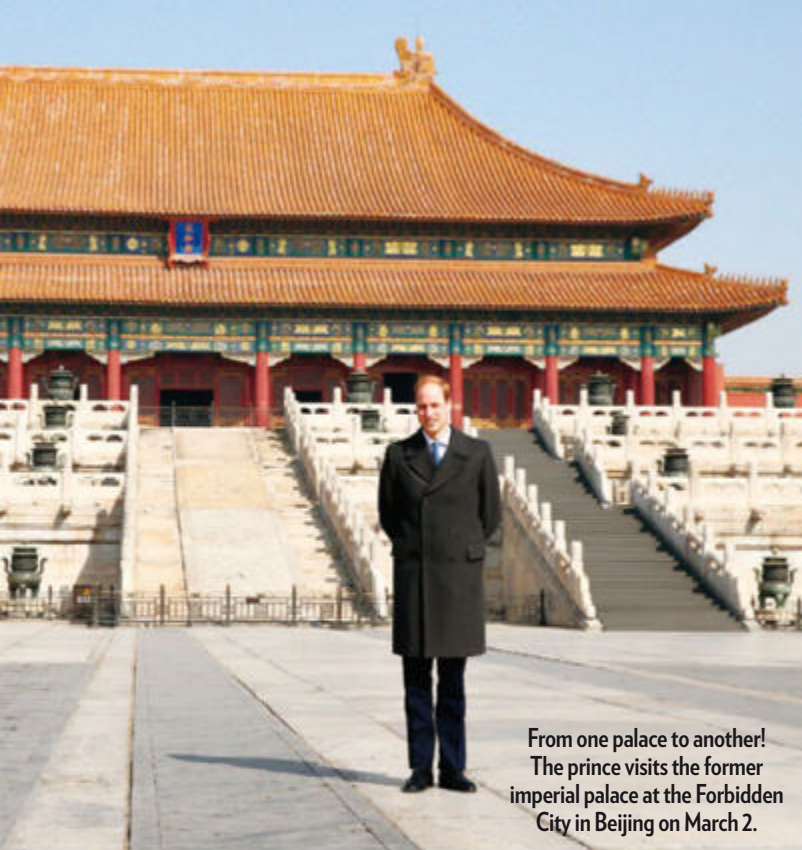


PRINCE WILLIAM ABROAD!

The Duke of Cambridge pays a royal visit to Japan and China



William ditches his bespoke suit for a *yukata*, or casual Japanese kimono, before having dinner with **Abe** at a Japanese inn in the city of Koriyama, in Fukushima, Japan, Feb. 28. After chatting with dinner guests about the Rugby World Cup—which will be held in England this year and in Japan in 2019—the prince enjoyed a hot springs bath.



From one palace to another!
The prince visits the former
imperial palace at the Forbidden
City in Beijing on March 2.

William has a ball (literally) while entertaining children with his juggling skills alongside **Japanese Prime Minister Shinzo Abe** at Smile Kid's Park in Koriyama, Japan, on Feb. 28.



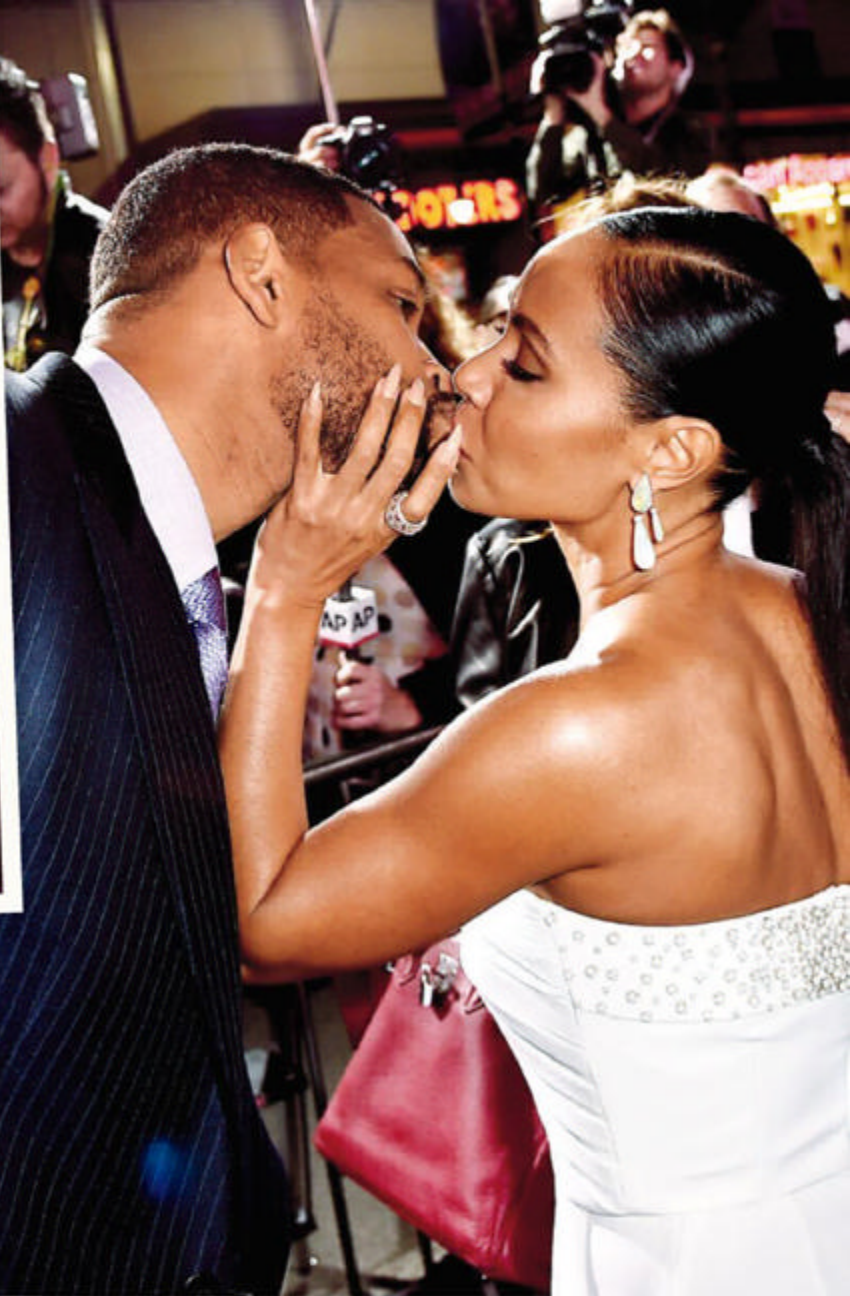
A lion dancer playfully
bites the bowing
royal heir on the head
for good luck while
performing a *shishimai*
dance in honor of
his visit to Ishinomaki,
Japan, on March 1.

PRINCE HARRY: SQUIRREL SAVIOR!



Prince Harry takes
a walk in the forest with
the Red Squirrels
Northern England project,
a conservationist group for
red squirrels. While exploring
the creatures' habitat in
England's Frankham Woods
on Feb. 25, he snaps photos
and checks a feeder.





WILL'S BIG NIGHT

Los Angeles, Feb. 24

Now that's spousal support! Will Smith gets a big kiss from wife Jada Pinkett Smith at the premiere of his new movie

Focus. Also there to celebrate: his former *Fresh Prince of Bel-Air* costar Alfonso Ribeiro (inset).



Sarah Paulson and Matt Bomer were among the stars who stepped out to support the rights of LGBTQ families.

FAMILY EQUALITY COUNCIL L.A. AWARDS DINNER



The event was hosted by Sandra Bernhard (right, with *Glee* star Dot-Marie Jones) in Beverly Hills on Feb. 28.



Glee castmates Lea Michele and Darren Criss hit a high note while performing duets "Dancing Queen" and "Don't Stop Believin'."

CLOCKWISE FROM BOTTOM RIGHT: KEVIN WINTER/GETTY IMAGES; JASON LAVERIS/FILMMAGIC; KEVIN WINTER/GETTY IMAGES; MICHAEL BUCKNER/GETTY IMAGES; JASON KEMPIN/GETTY IMAGES; KEVIN WINTER/GETTY IMAGES; ERIC CHARBONNEAU/INVISION/AP; JB LACROIX/WIREIMAGE(2); JON FURNISS/WIREIMAGE



THE NOBLE AWARDS

Beverly Hills, Feb. 27

Zelda Williams pays tribute to her late father by presenting an award to the Challenged Athletes Foundation, a Robin Williams favorite. Also in attendance were Nikki Reed and fiancé Ian Somerhalder, who received awards for their humanitarian efforts.



BELLE OF THE BALL

Hollywood, March 1

Mario Lopez's 4-year-old daughter Gia greets *Cinderella* star Cate Blanchett at the premiere. Inset: The actress, who plays the wicked stepmother, smiles alongside the film's Prince Charming, Richard Madden.





BIKER BAND
*Brisbane, Australia,
Feb. 24*

The Foo Fighters rock Brisbane's Suncorp Stadium during the Australian leg of their world tour. The day before, **Dave Grohl** (inset, left) and drummer **Taylor Hawkins** (inset, second from left) saw the sights by bike.



LADY GAGA TAKES THE PLUNGE!
Chicago, March 1

Wearing her wig and red lipstick, the pop diva goes for a dip in frigid Lake Michigan for the Chicago Polar Plunge—which raises money for the local chapter of the Special Olympics—alongside fiancé **Taylor Kinney** and his *Chicago Fire* costars **David Eigenberg** and **Jon Seda**.



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Schumer-bomb alert: Comedian **Amy Schumer** has a little fun pretending to glare behind the backs of **Will Forte**, **Paul Rudd** and “**Weird Al**” **Yankovic** backstage at Comedy Central’s “Night of Too Many Stars” in New York City on Feb. 28.



More fun with cranky face! Schumer pulls the same look with pal **Steve Carell**, then mugs onstage at the Comedy Central event.



Hugh Jackman gets animated while promoting his new action film **Chappie** as a talk show guest in Paris on Feb. 27.



The always expressive **Cara Delevingne** goofs off for a snapshot with fellow model **Jourdan Dunn** at the *Elle* Style Awards in London on Feb. 24.

**FUNNY
FACES**



Tough spinning class? **Maria Menounos** bugs out at Cycle House in Los Angeles alongside boyfriend **Kevin Undergaro** on Feb. 24.



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Aussie actress Teresa Palmer and *Game of Thrones* star Michiel Huisman do a little dance while making the thriller *2:22* in Sydney on Feb. 24.

STARS ON-SET!



Fresh from her Oscar win, Julianne Moore films the romantic comedy *Maggie's Plan* with Ethan Hawke in N.Y.C. on Feb. 24.



Sporting serious scruff, Matthew McConaughey gets into character for his Civil War drama *The Free State of Jones* in Louisiana on Feb. 24.



Mom-to-be Jessica Biel films *The Devil and the Deep Blue Sea* in Louisiana on Feb. 23, three days before Justin Timberlake jetted to New Orleans to spend the weekend with his wife. "Despite working very long days, Jessica has been in a great mood and looks fantastic," a source tells PEOPLE.

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THAT LASTS –
AND LASTS.”

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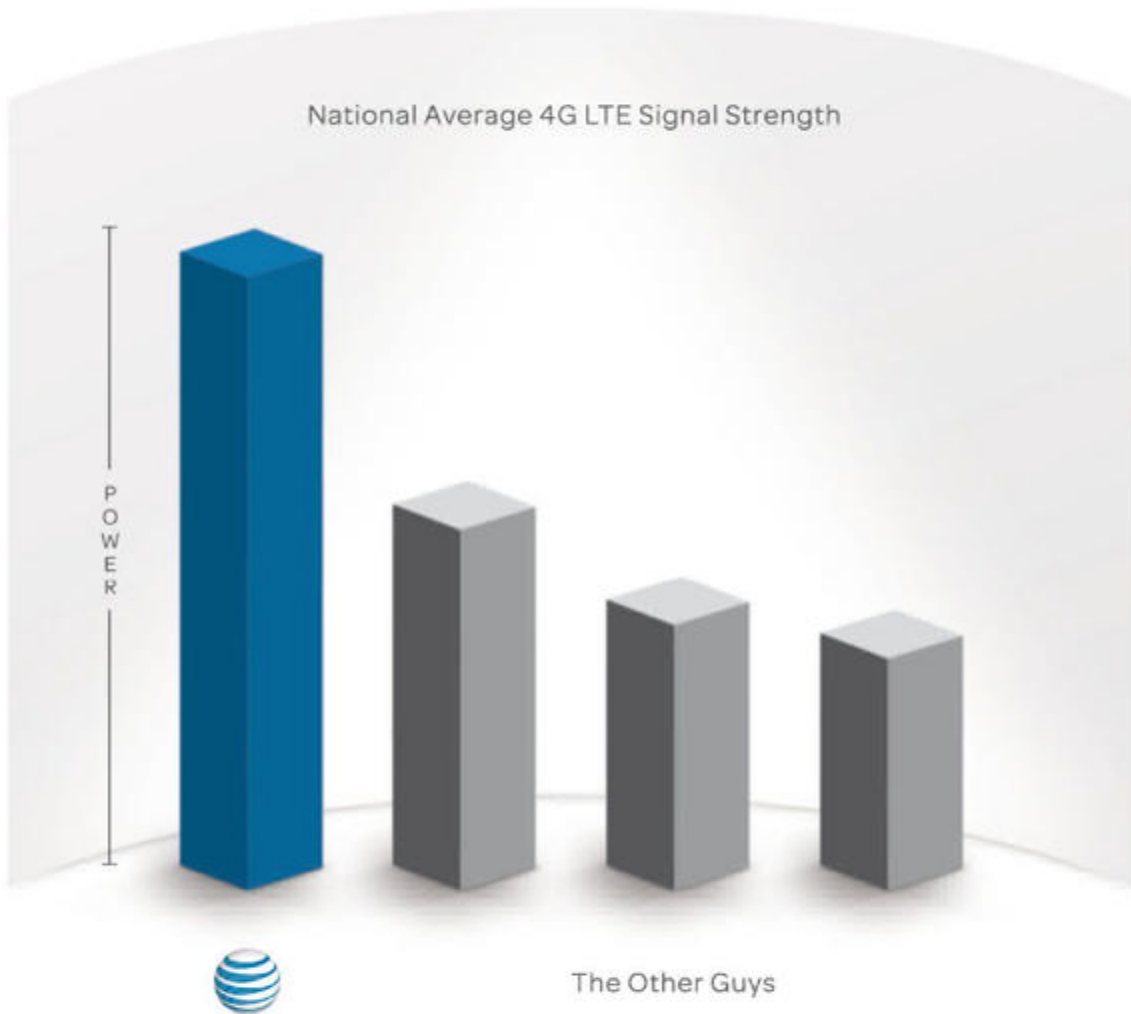


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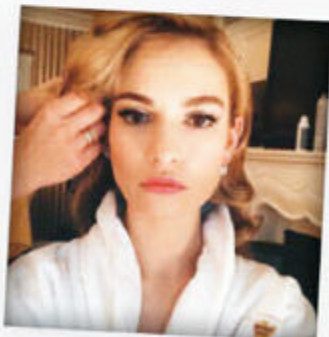
StyleTracks

Lily James

Cinderella Chic

THE ACTRESS, 25, HAS FOUND HER PRINCE CHARMING: DESIGNER ELIE SAAB!

AT THE
CINDERELLA
WORLD
PREMIERE IN
HOLLYWOOD
MARCH 1



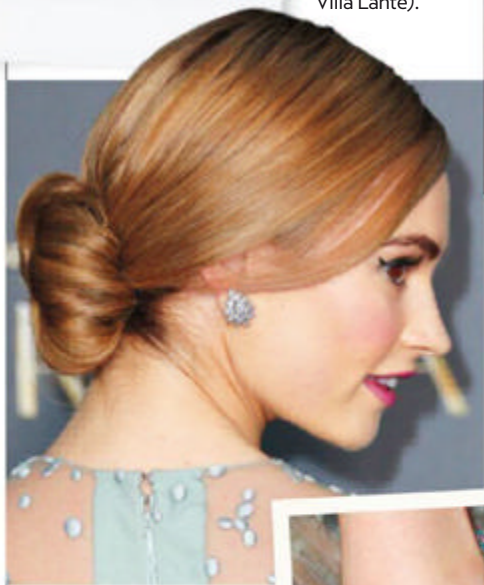
THE PREP

Modern-day princesses are anything but prissy—hence the star's cat-eye liner, which makeup artist Jenn Streicher balanced out with a soft pink lip (Nars Satin Pencil in Villa Lante).



THE BAG

"She didn't put anything in it," Corbin-Murray says of the Charlotte Olympia Swarovski-crystal-adorned clock clutch, which is part of the brand's *Cinderella* capsule collection. "We didn't want to ruin the effect for pictures."



THE JEWELS

James's side-parted chignon showed off her megawatt diamond-and-platinum Kwiat cluster earrings (and the embroidery on her dress).

THE SHOES

Say hello to the new glass slipper: custom butterfly-topped Christian Louboutins.



THE GOWN

"We tried on 40 different dresses, but we wanted something magical," James's stylist Rebecca Corbin-Murray tells PEOPLE of choosing the aqua green Elie Saab Couture confection. "It captured the spirit of the movie and her character."





SO SINGLE
IT HURTS.



UNDATEABLE

SEASON
PREMIERE

TUESDAY MARCH 17 • 9/8c



NBC

AFTER THE VOICE

MARCH 16, 2015

Scoop

ALL THE
NEWS &
BUZZ FROM
HOLLYWOOD
EDITED BY
MARY MARGARET



From left:
Brad Goreski,
Kelly
Osbourne,
Kathy Griffin
and Giuliana
Rancic

E!'S FASHION POLICE INSIDE THE DRAMA

BY MELODY CHIU

E!'S *FASHION POLICE* APPEARS TO BE GOING OUT OF style. Since Joan Rivers's death six months ago, the network's longtime show—which underwent a revamp after the comedian's sudden passing—has struggled to steady itself. A day after the Academy Awards, Giuliana Rancic, 40, caught a tidal wave of criticism after making a comment that 18-year-old actress Zendaya Coleman looked as if she smelled like “patchouli oil” or “weed” because of the dreadlocks she wore at the Oscars. After threatening to leave the show on Twitter shortly →

after Rancie's comments—which many construed as racially insensitive—aired, cohost Kelly Osbourne officially quit on Feb. 27. But while the move coincided with Rancie's comments, a source says it was actually a “natural progression” for Osbourne, 30, who was close to Rivers. “Kelly thought the show was going to be revamped [after Rivers died], but it was basically the same except they hired new people and there was a new set,” says the source. “[The show] has gotten a little better, but it's not what she had wanted.”

While Rancie swiftly issued an apology for her remarks—calling the situation a “learning experience” for her—another insider explains that the TV host's initial intention was simply “to say something edgy and cool.” But the joke, which was written for Rancie and aired



“I have learned it is not my intent that matters, it's the result,” Rancie said in her on-air apology to Coleman (inset).



minus a reference to the bohemian chic look she was alluding to, clearly backfired. Adds another: “Giuliana is not racist and feels terribly that she offended Zendaya.”

Regardless, multiple sources confirm the show—which added Kathy Griffin, 54, as host and well-known stylist Brad Goreski, 37, as a panelist after Rivers's death—has been suffering since its return in January. At the first taping, “there was very little direction,” says the source. “It was almost a trial

‘[THE SHOW] HAS GOTTEN A LITTLE BETTER, BUT IT'S NOT WHAT SHE HAD WANTED. SHE NEEDED TO MOVE ON’

—SOURCE

by fire.” The addition of Griffin also hasn't been smooth, though sources say reports of a feud between the comedian and Osbourne are overblown. “People thought bringing Kathy in wouldn't be as big a deal, but she did things differently,” says another source close to production. “With Joan, it was a well-oiled machine. People were miserable before this [Zendaya snafu] even happened.”

—With additional reporting by Aili Nahas, Elizabeth Leonard and Jennifer Garcia

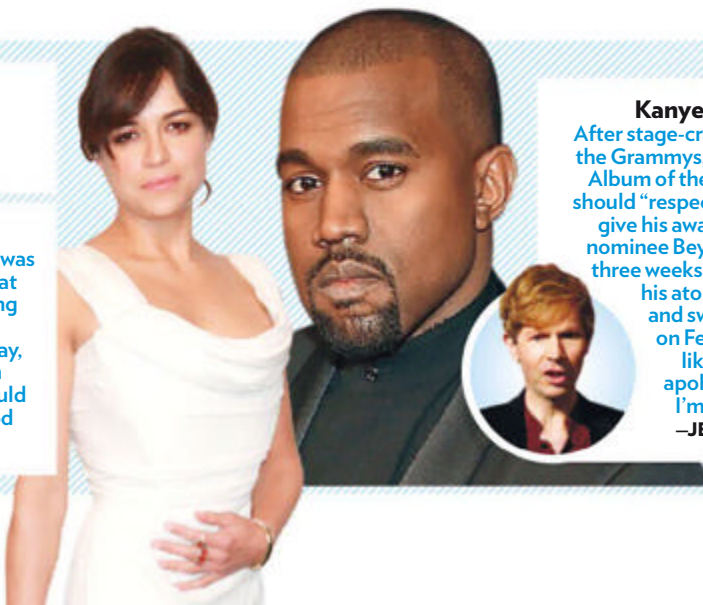


“After Joan died, Kelly gave [the show] a shot,” says a source (with Melissa Rivers, a producer of *Fashion Police*, in 2014).

MORE CELEB MEA CULPAS

Michelle Rodriguez

On Feb. 28 she shot down rumors she was cast as the Green Lantern, saying that minority actors need to “stop stealing white people's superheroes.” In a Facebook video post later that day, she apologized: “I stuck my foot in my mouth again. ... [But] people should actually make an effort in Hollywood to develop their own mythology.”



Kanye West

After stage-crashing Beck at the Grammys, West said the Album of the Year winner should “respect artistry” and give his award to fellow nominee Beyoncé. Nearly three weeks later, West kept his atonement short and sweet, Tweeting on Feb. 26: “I would like to publicly apologize to Beck, I'm sorry Beck.”

—JEFF NELSON





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TARAJI P. HENSON TV'S FIERCEST DIVA

LIKE COOKIE, THE POWERFUL MATRIARCH SHE PLAYS ON FOX'S HIT DRAMA **EMPIRE**, THE ACTRESS, 44, HAS FOUGHT HARD FOR SUCCESS

Did you expect *Empire* would become a breakout hit? I just knew we had something special. This is what happens when you have great material and a studio that's behind it and ready to take a risk—it was the perfect storm.

You've been nominated for an Academy Award (for 2008's *The Curious Case of Benjamin Button*), but you got a relatively late start in Hollywood. People thought I was crazy to move out here at 26. I had graduated from Howard University and was working as a supervisor on a five-star dining cruise. I was making good money and could've bought myself a townhouse in the suburbs [of Washington, D.C.], but my dad knew that acting was my calling. One day he looked at me and said, "How do you expect to catch fish on dry land?" So I moved out here with my son [Marcel, now 20] with \$700 in our pockets.

What instilled that drive in you? I think that might be coming from a blue-collar family. My dad was a metal fabricator and he always had a little hustle on the side. When you have a trade, you can always make your own money so I grew up going out on jobs with him in his pickup truck. And my mom worked her way up from the basement to a management position for a department store. I was raised to believe that if you hustle hard and work hard, it'll pay off.

What does your son think of the success you've found? He's been with me through this whole process, so he's known my struggle. He's very proud because he knows what I've been working so hard for. He's like, "Mom, you're finally getting what you've always wanted."

What's the best part about playing *Cookie*? She's bold and says whatever the hell she wants to—the things we don't dare say!

Has she made you more outspoken? Oh, I don't know... I think of people's feelings! —PATRICK GOMEZ

"My creative side won't let me rest," Henson says of keeping busy after the *Empire* season finale (airing March 18 at 8 p.m. ET). "But I'm trying to do a little quick getaway."





What exactly is the difference
between want and need?





3

CONFESSIONS WITH CELEB TRAINER HARLEY PASTERNAK

THE FITNESS GURU—WHOSE NEW BOOK *5 POUNDS* IS AVAILABLE NOW—DISHES ON HIS A-LIST SWEAT SESSIONS

Sometimes he has to dash his clients' dreams.

"They'll give me a photo of some other high-profile celeb that they want their body to look like, but that other celeb is a different height and a different age—and it's just never happening."

The job comes with plenty of once-in-a-lifetime moments.

"We were in Hawaii and Kanye West suggested that we go for a jog around the hotel. And as he started jogging, he started rapping his entire new album." Another unforgettable encounter was doing lunges with a client across a yacht in the middle of the Indian Ocean: "I almost fell off the side!"

The key to a star's heart? Basketball!

"I never even knew the rules, but they all love playing between sets or as a warm-up or for cardio," he says of clients John Mayer, Common and Ellen Page.

—BARBARA KIMBERLY SEIGEL

For Pasternak's tips on how to get a red carpet-ready body, check out his weekly blog on People.com.

TRUST CHELSEA HANDLER TO DO

the big 4-0 right. Gathering her closest friends for a blowout party at her Los Angeles home on Feb. 28, the comedian made good on her promise last year.

"I'm going to rent an island or something crazy. I'm going to do something huge," she had said about the milestone. While there was no sandy beach involved, Handler certainly threw an epic bash.

In the wee hours of the morning, police were called to the star's home for a noise complaint

as her pals—including Jennifer Aniston, Reese Witherspoon, Sandra Bullock and Charlize Theron—were partying the night away.

Showing off her racy birthday cake (a sugary re-creation of herself naked on a horse) on Twitter, she commented, "I'm a big girl and I'm proud of it."

—REPORTING BY
PERNILLA CEDENHEIM

CHELSEA HANDLER INSIDE HER WILD 40TH BIRTHDAY BASH



3 TRUTHS & 1 LIE with Robbie Amell

THE FLASH ACTOR—WHO STARS IN THE DUFF—REVEALS SOME SECRETS. CAN YOU SPOT THE FIB?
—JEFF NELSON

- 1 He's a trained figure skater. "I figure skated from ages 5 to 7 before I played hockey. Now I play in a men's league in Burbank."
- 2 He's owned 20 cars. "My favorite was the same as the orange car from the first *The Fast and the Furious*."
- 3 He's very involved in wedding planning with his fiancée, actress Italia Ricci. "I'm kind of a groomzilla!"
- 4 He's ready to take on his cousin (Arrow's Stephen Amell). My character (*The Flash's* Ronnie Raymond) could beat up his. He doesn't have superpowers!"

THE LIE

3. "It's entirely up to her. I just really want an ice cream cake!"

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SPRING'S HOT SEQUEL ALL ABOUT *INSURGENT*

With 2014's *Divergent* grossing more than \$250 million so far, *Insurgent*, the sequel out March 20, is poised to be another blockbuster. It's packed with more gravity-defying stunts (Shailene Woodley's Tris climbs up the side of a flying house), and more A-listers have joined the fight among five factions in a grim future world. "Both of their characters have a sense of mystery surrounding them," says Woodley of new costars Octavia Spencer and Naomi Watts. "You can't quite tell if they will be antagonists or protagonists."

—MARY GREEN



Things between James and Woodley heat up in *Insurgent*.



THEO JAMES

PLAYS: FOUR,

a former combat instructor who becomes a leader of a rebellion.

Where we left him in *Divergent*

He got the girl and won the battle when he helped Tris temporarily foil the Erudite faction's genocide plans.

What's next in *Insurgent*

His mom (played by Watts)—who was thought to be dead—returns, and he and Tris are on the run. "He can be more open," says James. "He's fallen in love with Tris."



SHAILENE WOODLEY

PLAYS: TRIS,

a newbie who fights for what she feels is right.

Where we left her in *Divergent*

During the fight with the Erudites, she lost her parents and her best friend.

What's next in *Insurgent*

In this film, says Woodley, "Tris is fueled by the demons that haunt her from *Divergent*. The loss of her parents and her friend make her feel like she is unstoppable in her quest for justice."



OCTAVIA SPENCER

PLAYS: JOHANNA,

head of the peacekeeping Amity faction, whose face has been scarred during a mysterious incident.

What happens in *Insurgent*

She puts herself and her faction at risk to help Tris and Four. "Having been through a terrible situation, she recognizes herself in people who have lived through something terrible," says *Divergent* author Veronica Roth.



KATE WINSLET

PLAYS: JEANINE,

the brilliant psychopath leader of the Erudites, "one of those inherently terrible, awful people," according to Winslet.

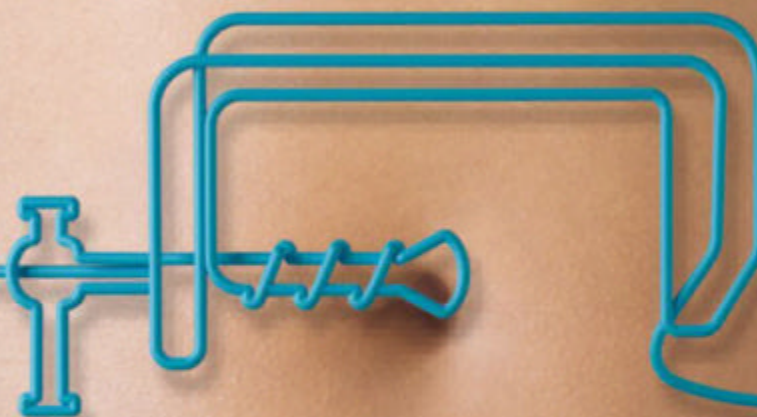
Where we left her in *Divergent*

Her plot to kill all the do-gooders was foiled.

What's next in *Insurgent*

Convinced only a *Divergent* (like Tris and Four) can open a mysterious box with crucial answers, she begins hunting them.

Do your belly pain and constipation feel tight like a vise?



You may be suffering from
Irritable Bowel Syndrome with Constipation (IBS-C).

LINZESS may provide the relief you need.

LINZESS is a once-daily capsule that helps adults **proactively** manage the symptoms of Irritable Bowel Syndrome with Constipation (IBS-C) or Chronic Idiopathic Constipation (CIC). "Chronic" means the constipation is long-lasting or keeps coming back. "Idiopathic" means the cause is unknown. LINZESS is the first and only approved treatment in a new class of drugs that work differently from other available medications. It acts locally in the intestine and is thought to work in two ways: by helping to calm pain-sensing nerves*, and by accelerating bowel movements.

Bottom line, describe your symptoms to your doctor and ask about LINZESS today.

*This was seen in animal studies and the relevance to humans is not known.

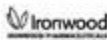
Who is LINZESS for?

Prescription LINZESS® (linaclotide) is for adults with IBS-C or CIC. It is not known if LINZESS is safe and effective in children.

IMPORTANT RISK INFORMATION

- Do not give LINZESS to children who are under 6 years of age. It may harm them.
- You should not give LINZESS to children 6 to 17 years of age. It may harm them.
- Do not take LINZESS if a doctor has told you that you have a bowel blockage (intestinal obstruction).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.FDA.gov/medwatch or call 1-800-FDA-1088.



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Before you take LINZESS, tell your doctor:

- If you have any other medical conditions.
- If you are pregnant or plan to become pregnant. It is not known if LINZESS will harm your unborn baby.
- If you are breastfeeding or plan to breastfeed. It is not known if LINZESS passes into your breast milk.
- **About all the medicines you take**, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Side Effects

LINZESS can cause serious side effects, including diarrhea, the most common side effect, which can sometimes be severe. Diarrhea often begins within the first 2 weeks of LINZESS treatment. **Stop taking LINZESS and call your doctor right away if you get severe diarrhea during treatment with LINZESS.**

Other common side effects of LINZESS include gas, stomach-area (abdominal) pain, swelling, or a feeling of fullness or pressure in your abdomen (distension). Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of LINZESS. For more information, ask your doctor or pharmacist.

In addition, call your doctor or go to the nearest hospital emergency room right away if you develop unusual or severe stomach-area (abdominal) pain, especially if you also have bright red, bloody stools or black stools that look like tar.

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Please see brief summary
of Medication Guide on the
next page.

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**Brief Summary of
Important Risk Information
LINZESS® (lin-ZESS)
Capsules**

Linzess[®]
(linaclotide) capsules
145 mcg • 290 mcg

This information does not take the place of talking to your doctor about your medical condition or your treatment.

What is LINZESS?

LINZESS is a prescription medication used in adults to treat irritable bowel syndrome with constipation (IBS-C) and a type of constipation called chronic idiopathic constipation (CIC). “Idiopathic” means the cause of the constipation is unknown.

It is not known if LINZESS is safe and effective in children.

What is the most important information I should know about LINZESS?

- **Do not give LINZESS to children who are under 6 years of age. It may harm them.**
- **You should not give LINZESS to children 6 to 17 years of age. It may harm them.**

Who should not take LINZESS?

- **Do not give LINZESS to children who are under 6 years of age.**
- Do not take LINZESS if a doctor has told you that you have a bowel blockage (intestinal obstruction).

What should I tell my doctor before taking LINZESS?

Before you take LINZESS, tell your doctor:

- If you have any other medical conditions.
- If you are pregnant or plan to become pregnant. It is not known if LINZESS will harm your unborn baby.
- If you are breastfeeding or plan to breastfeed. It is not known if LINZESS passes into your breast milk. Talk with your doctor about the best way to feed your baby, if you take LINZESS.
- **About all the medicines you take**, including prescription and non-prescription medicines, vitamins and herbal supplements.

How should I take LINZESS?

- Take LINZESS exactly as your doctor tells you to take it.
- Take LINZESS one time each day on an empty stomach, at least 30 minutes before your first meal of the day.
- Swallow LINZESS capsules whole. Do not break or chew the capsules.
- If you miss a dose, skip the missed dose. Just take the next dose at your regular time. Do not take 2 doses at the same time.

What are the possible side effects of LINZESS?

LINZESS can cause serious side effects, including:

- **Diarrhea is the most common side effect of LINZESS, and it can sometimes be severe.** Diarrhea often begins within the first 2 weeks of LINZESS treatment.
- **Stop taking LINZESS and call your doctor right away if you get severe diarrhea during treatment with LINZESS.**

Other common side effects of LINZESS include:

- gas
- stomach-area (abdomen) pain
- swelling, or a feeling of fullness or pressure in your abdomen (distention)

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of LINZESS. For more information, ask your doctor or pharmacist.

In addition, call your doctor or go to the nearest hospital emergency room right away if you develop unusual or severe stomach-area (abdomen) pain, especially if you also have bright red, bloody stools or black stools that look like tar.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store LINZESS?

- Store LINZESS at room temperature between 68°F to 77°F (20°C to 25°C).
- It is important to keep LINZESS in the bottle that it comes in.
- The LINZESS bottle contains a desiccant packet to help keep your medicine dry (protect it from moisture). Do not remove the desiccant packet from the bottle.
- Keep the container of LINZESS tightly closed and in a dry place.

Keep LINZESS and all medicines out of the reach of children.

Need more information?

- This section summarizes the most important information about LINZESS. If you would like more information, talk with your doctor.
- Go to www.LINZESS.com or call 1-800-678-1605.



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LIN15686 03/14

Passages



Swizz Beatz & Alicia Keys with their family

BABY NEWS

Singer **Alicia Keys**, 34, and her husband, hip-hop artist and producer **Swizz Beatz**, 36, introduced their second son, **Genesis Ali**, now 10 weeks, in a Feb. 27 Instagram post. The photo also features the couple's son **Egypt Daoud**, 4, and **Kasheem Dean Jr.**, one of Beatz's children from a previous relationship.

● *The Talk* cohost **Sara Gilbert**, 40, and her wife, musician **Linda Perry**, 49, welcomed son **Rhodes Emilio Gilbert Perry** on Feb. 28. Gilbert also has two children from her previous marriage.

● Rapper and *Furious 7* star **Ludacris**, 37, and wife **Eudoxie Mbouguiengue**, 35, are expecting their first child together, she revealed

in a March 1 Instagram shot (which the dad of two re-posted). The couple got married last December.

ON THE MEND

Singer **Demi Lovato**, 22, returned home after a Feb. 25 ER visit, where she was treated for breathing trouble. Lovato is "feeling much better," her rep said. ● *60 Minutes* corre-



Demi Lovato

spondent **Lara Logan**, 43, was rushed to a Washington, D.C.-area hospital on Feb. 25 after suffering from internal bleeding and diverticulitis (an inflammation or infection of the digestive tract).



Ludacris & Eudoxie Mbouguiengue

CONTROVERSY

The masked, English-speaking ISIS executioner known as Jihadi John—who has appeared in the organization's beheading videos—was identified as **Mohammed Emwazi**, 26, of London, by *The Washington Post* and the BBC on Feb. 26.



Morales will continue to visit his newborns at the hospital every day until all four babies are together at home.

Dad of Quadruplets Carries On

"I wish Erica could be here with us now," Carlos Morales—whose wife died in childbirth—tells PEOPLE

Nothing will bring back Carlos Morales's wife—who tragically died following childbirth on Jan. 16—but he says that a recent outpouring of support is making life just a little bit easier. Morales, 29, who works in manufacturing, lost his wife, Erica, 36, just hours after she gave birth to the couple's quadruplets when she went into hypovolemic shock, an emergency condition caused by severe blood loss. Morales exclusively shared his story with PEOPLE.com in a Feb. 28 article—and as of March 2 an additional \$90,000 had been donated to his GoFundMe page (gofundme.com/kbkpag) to help with the steep cost of raising his four children. When he looks at the donations, Morales says, he is in "absolute awe that so many people are this kind." At press time two of his babies, son Carlos Jr. and daughter Tracey, were home with him in Phoenix, while his two other daughters, Paisley and Erica (named in honor of his late wife), were expected to leave the hospital any day. They were born at seven months but continue to get stronger every day. "I will do everything in my power to give my children the best life possible," Morales, who is preparing his home for his four babies, tells PEOPLE. "Strangers are even reaching out, letting me know they're here for me. It makes me feel better."



Meet the Real-Life Cinderella!

Eirian Davies went from farmhand to millionaire

It's no glass slipper. But Eirian Davies, 45—nicknamed the Cowshed Cinderella in the press—got something even better on Feb. 26, when she

was awarded more than \$2 million for her share of her family's business. As a girl, Davies says, she was told to stay at home to do chores on her parents' farm in South Wales while her two sisters attended Young Farmers' Club dances. She says her parents promised that one day she'd inherit the farm, but then they initiated eviction proceedings. According to *The Times* in the U.K., Davies told the High Court in Cardiff, "They always told me that the farm would be left to me. Even on my birthday . . . they would say, 'You'll have the damn lot one day.'" With \$2 million in the bank, now this Cinderella can buy her own ball gown.

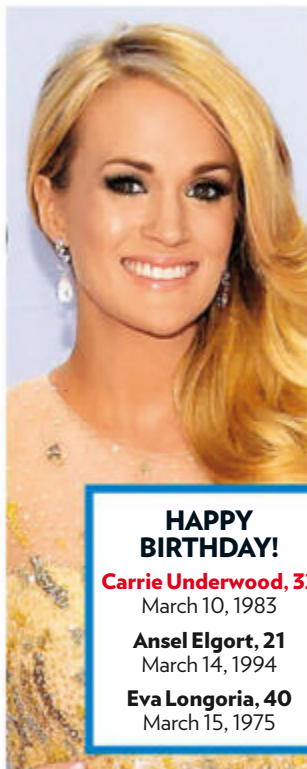
● **John Russo**, the photographer behind the supposedly unretouched image of 49-year-old supermodel **Cindy Crawford** that went viral last month, told ABC News that the "fraudulent" photo was "stolen or unlawfully accessed and then altered." The original was shot for *Marie Claire's* Mexico and Latin America editions.

DEATHS

Former New York Knicks star **Anthony Mason** died on Feb. 28, three weeks after being diagnosed with congestive heart failure. He was 48. ● Former *America's Next Top Model* contestant **Mirjana Puhar**, 19, was found dead on Feb. 24, along with two others, in Charlotte, N.C. Police have charged an acquaintance, Emmanuel Jesus Rangel, 19, with the killings. ● On Feb. 25 Los Plebes del Rancho singer

Ariel Camacho, 22, died in a car accident on a highway near Sinaloa, Mexico.

By **Dana Rose Falcone** and **Caitlin Keating**



HAPPY BIRTHDAY!

Carrie Underwood, 32

March 10, 1983

Ansel Elgort, 21

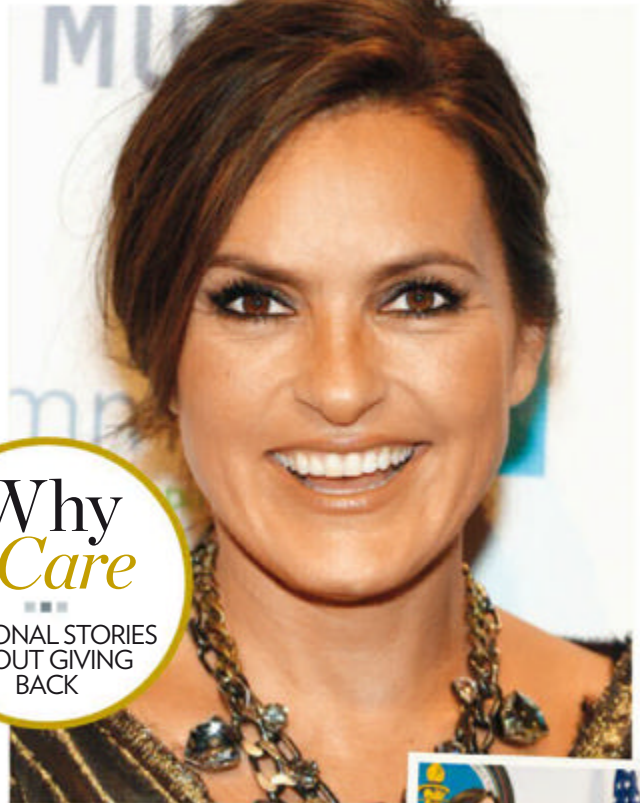
March 14, 1994

Eva Longoria, 40

March 15, 1975

Why I Care

PERSONAL STORIES ABOUT GIVING BACK



Mariska Hargitay

The Law & Order: Special Victims Unit star helps survivors of sexual abuse

When I first did research for my role [as Detective Olivia Benson] on *SVU*, I couldn't believe the statistics of abuse—and letters from viewers disclosing their own stories.

I wanted to do more to help survivors heal and reclaim their lives, so I started the Joyful Heart Foundation in 2004. Since then we've served more than 13,000 sexual- and domestic-abuse survivors and the professionals who help them, and changed lives through education and awareness. But if I had to pick one thing I'm most proud of? We're at the forefront of the movement to test the hundreds of thousands of untested rape kits sitting in crime labs and storage facilities across the country. I am also proud that we're involved with the No More initiative—including a PSA I directed involving more than 40 celebrities and public figures. The one thing that we can do is talk [about domestic and sexual assault]. Normalize the conversation, because it's easier to join the conversation than it is to start one. A society that is

silent about these issues creates the ideal circumstances for perpetrators to commit crimes.

—REPORTED BY GILLIAN TELLING

For more information, go to joyfulheartfoundation.org



Hargitay, 51, backed plans to have rape kits tested in Detroit.

Scientific evidence suggests, but does not prove, that eating 1.5 ounces per day of most nuts, such as almonds as part of a diet low in saturated fat and cholesterol may reduce the risk of heart disease. A one-ounce handful has 13g of unsaturated fat and only 1g of saturated fat.

THE CRUNCH THAT KEEPS YOU IN THE GAME

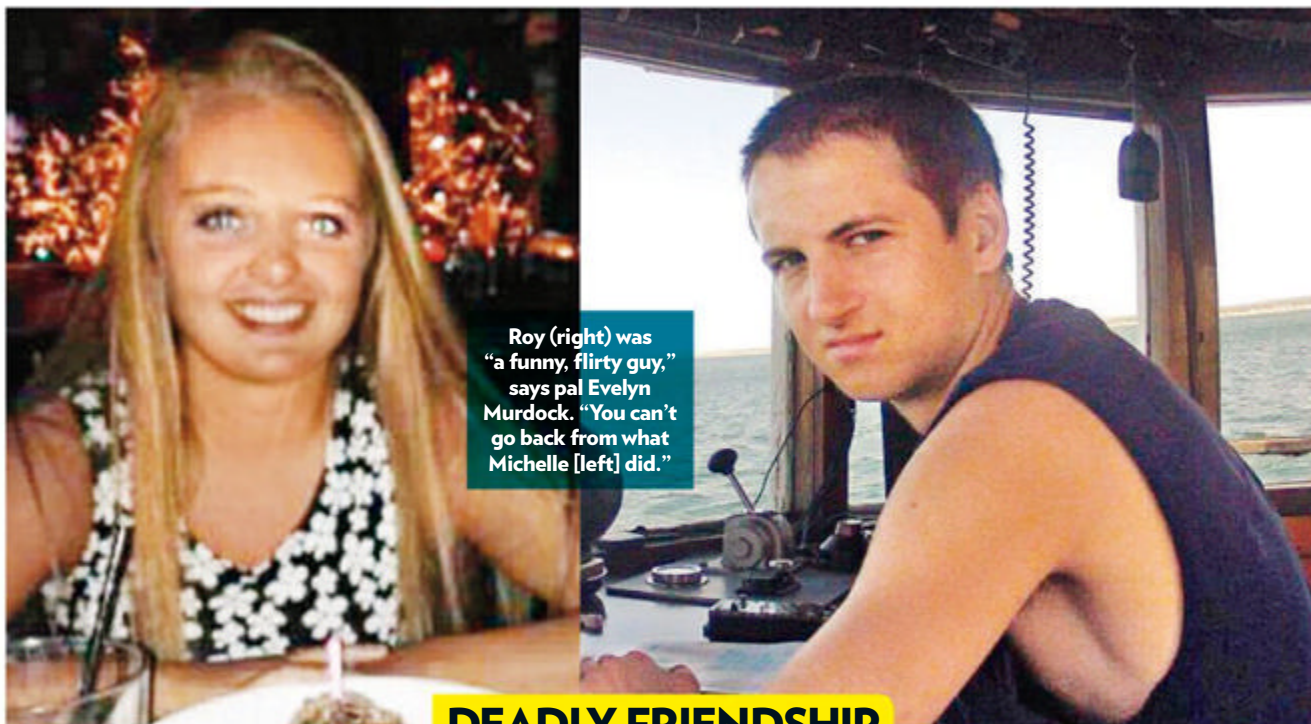
There's extended playtime in the crunch of almonds.
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CRUNCH ON



Roy (right) was “a funny, flirty guy,” says pal Evelyn Murdock. “You can’t go back from what Michelle [left] did.”

DEADLY FRIENDSHIP

DID SHE PUSH HIM TO COMMIT SUICIDE?

Police say a series of disturbing messages sent from 17-year-old Michelle Carter to her friend Conrad Roy convinced him to take his life—and led to her arrest for manslaughter

Conrad Roy, a popular, funny athlete who struggled with depression, had attempted suicide before. But this final time, before carbon monoxide creeping into his idling truck on July 12, 2014, fatally poisoned him, the 18-year-old from Fairhaven, Mass., reached out to the one friend in whom he’d confided—Michelle Carter. According to police, Roy told Carter, now 18, that he was scared and didn’t want to abandon his family. And from the parking lot where his body would be found the next day, he said he was leaving his truck. “Get back in,” came Carter’s reply.

To Roy’s family and friends, what Carter did is unforgivable. “When he needed the most help, she did the opposite,” his friend Evelyn Murdock tells

PEOPLE. To police, it’s criminal. Carter, a high school senior in nearby Plainville, Mass., could now face 20 years in prison on involuntary manslaughter charges. (She has pleaded not guilty.) The police report released at Carter’s Feb. 6 arraignment cites more than 1,000 messages that she and Roy traded in the week before his suicide. “Michelle Carter not only encouraged Conrad to take his own life, she questioned him repeatedly as to when and why he hadn’t done it yet,” Det. Scott Gordon wrote. In a statement to PEOPLE, Carter’s parents, David and Gail, said their “quiet, kind and sympathetic young girl” will be proven inno-

cent. Their lawyer Joe Cataldo said Carter was too young to deal with Roy’s suicidal talk: “She did not know what to

do when she heard that he wanted to kill himself. This is a tragedy, but it is not a crime.”

Roy’s other friends, meanwhile, are left haunted by what-ifs for the boy who dreamed of captaining his own boat someday. “Conrad spoke to that one wrong person,” says former classmate Louie Pina. “If he’d

talked to anyone other than Michelle, he’d still be here.”

‘His death was my fault . . . he got out of the car, and I told him to get back in . . . because I knew he would do it all over again the next day’

—CARTER TO A FRIEND

By Sandra Sobieraj Westfall. Reporting by **Steve Helling** and **Jeff Truesdell**

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People picks

EDITED BY TOM GLIATTO

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BOOKS, GO TO
[PEOPLE.COM/
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A DOZEN COOL THINGS TO SEE, HEAR, READ AND DOWNLOAD THIS WEEK



Clarkson's seventh studio set is her most personal yet.

No. 1 Kelly Clarkson, *Piece by Piece*

Miss Independent got married and had a baby. Now she's singing a happy new tune

MUSIC

POP Between settling down with a husband and welcoming a daughter, Clarkson's had a busy four years since releasing her last (non-holiday) album, *Stronger*.

For anyone worried that all this may have turned the kiss-off queen soft, don't fret. *Piece* showcases the original *Idol*'s I-can-sing-the-phone-book voice in both anthems and ballads covering the joys and pains of love. From the autobiographical title track (a woman, abandoned by her dad as a child, falls for a guy who restores her faith "that a man can be kind and a father could stay") to a synthy pop confection about getting down with a lover ("Dance with Me"), Clarkson rebuilds her life, piece by piece. The end result: a record to put on repeat.



No. 2 **The Returned**
TV DRAMA Dead people are popping up fully alive in an isolated Washington town. Seemingly no worse for wear, they're embraced (up to a point) by their loved ones. This reboot of the brilliant French series can't replicate the original's restrained but deep sense of dread—French corpses have their own *je ne sais quoi*. But what a good, creepy premise, and so easy to get hooked on. (A&E, March 9, 10 p.m.)

Grave concerns: Dylan Kingwell and Sandrine Holt.



Madonna is still a pop-style pioneer on her 13th studio album in 30-plus years.



No. 3 **Madonna, *Rebel Heart***
MUSIC POP The beauty of the indefatigable provocateur's latest is how she reaches new levels of invention even while looking back to classic moments. Teaming up with A-list producers like Diplo and Kanye West, Madge nods *just enough* to her prime moments—you recognize the gospel-pop of "Like a Prayer" in "Living for Love," the brash sensuality of *Erotica* in "Holy Water"—to make this her best album in a decade. (March 10)

No. 4 **The Hunger Games: *Mockingjay* Part 1**
DRAMA In a few years Katniss will probably become a trendy name for girls, and maybe boys too. And that will likely be due to Jennifer Lawrence's powerful turn as a rebel heroine in the third installment of the fantasy series. With a wide, open face that shows both passion and purity, she could sit for a portrait of Joan of Arc or stand in the foreground of an old Soviet poster rallying farmers to grow wheat. That's a great actress. (March 6)

Jennifer Lawrence (with Liam Hemsworth) will star in the final *Games* film Nov. 20.



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Marigold's sequel adds Bollywood flair and Gere (below).

5 The Second Best Exotic Marigold Hotel

Richard Gere, Judi Dench and a fine cast spruce up a retirement home

No. MOVIE **ROMANTIC COMEDY** Comfy and familiar, if a little worn at the edges, this sequel feels more like season 2 of a BBC series. But like the movie's hotel, it works because of its quirks. As Sonny (Dev Patel) and comanager Muriel (Maggie Smith) try to expand their senior dorm, Yank Guy Chambers (Gere) checks in, flustering the guests. Smith and Dench have the best scenes; underneath their jousting is real warmth. And if *Second Best* feels, well, second best, at least the clothes and dancing are great. (March 6, PG)

FOX SEARCHLIGHT PICTURES; INSET: FRANCO ORLAGE/GETTY IMAGES

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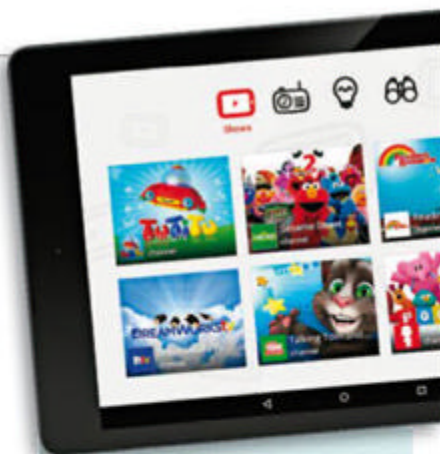
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No. 6 Battle Creek TV COMEDY/DRAMA

Josh Duhamel, an FBI agent who gives off the soft gleam of polished nickel, teams up to solve crimes with Dean Winters, a cop who looks as if he woke up on the wrong side of the bed. Most likely the floor. They're a well-matched odd couple—they josh, clash and, as performers, click. (CBS, Sundays, 10 p.m.)



Dean Winters (left) and Josh Duhamel.



No. 7 YouTube Kids APP FAMILY

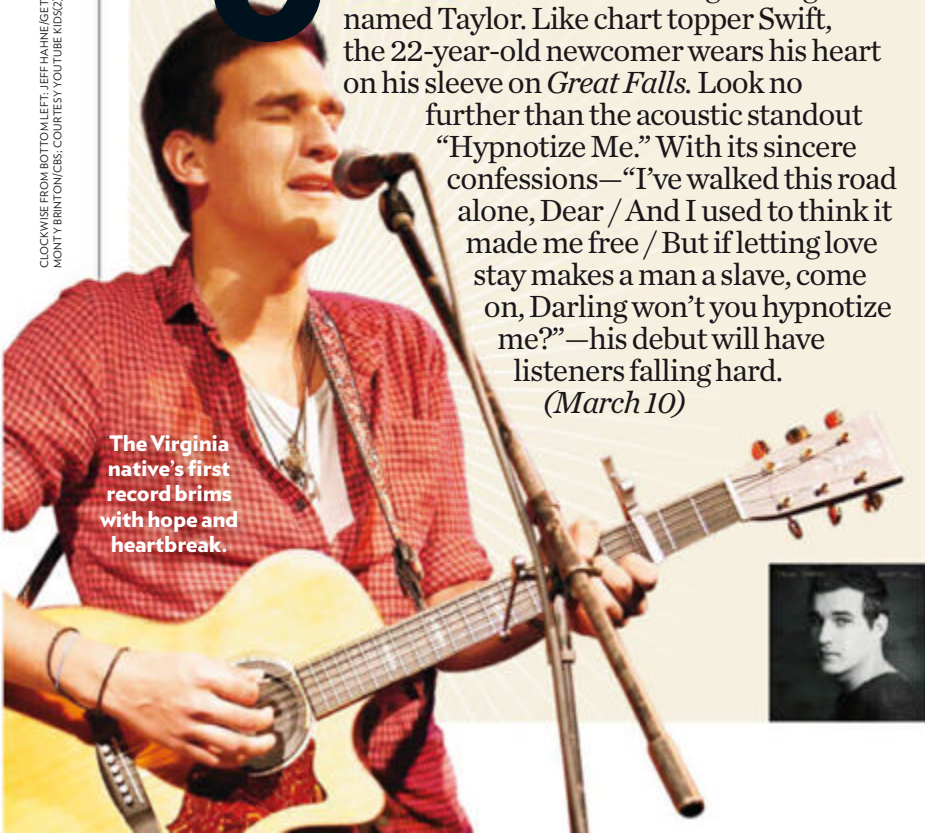
YouTube's child-friendly version, crammed with prescreened shows, movies and clips, includes some ingenious tweaks. A built-in timer with a silly "shut off" cartoon eases the pain of a tyke's tech withdrawal. (Available on iOS and Android)



No. 8 Taylor Berrett, *Great Falls*

Breakout Berrett thrills with a tuneful debut

MUSIC POP Berrett's honest lyrics bring to mind *another* singer-songwriter named Taylor. Like chart topper Swift, the 22-year-old newcomer wears his heart on his sleeve on *Great Falls*. Look no further than the acoustic standout "Hypnotize Me." With its sincere confessions—"I've walked this road alone, Dear / And I used to think it made me free / But if letting love stay makes a man a slave, come on, Darling won't you hypnotize me?"—his debut will have listeners falling hard. (March 10)



The Virginia native's first record brims with hope and heartbreak.



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The chase never stops for Jack O'Connell in '71.

No. 9 '71

A riveting thriller traps a soldier behind enemy lines
MOVIE ACTION/DRAMA A sense of panic is incapable when British soldier Gary Hook (*Unbroken*'s Jack O'Connell) finds himself stranded in hostile territory at the height of sectarian violence in early 1970s Northern Ireland.

Director Yann Demange sets a pounding pace as his hero darts through alleys, dodges bullets and doubts whether he's on the right side. In an intense role, O'Connell keeps you rooting for his survival. (*In wide release March 13, R*)



Lena Dunham's *Girls* may be TV's funniest, most thoughtful comedy.

No. 11 Girls

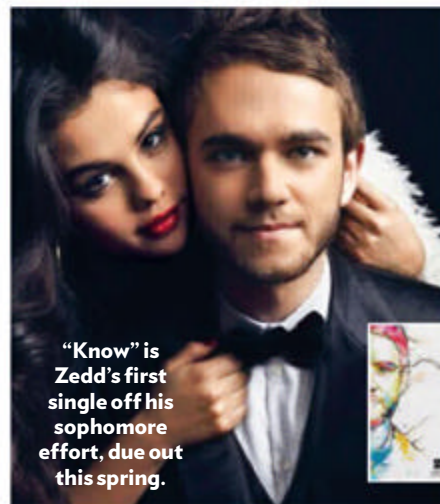
Hannah is hanging out with teenagers. Mistake!

TV COMEDY *Girls* fans are always looking for signs that the show's creator

and star Dunham will put on a pair of water wings, wade into the East River and jump the shark. (Remember nude Ping-Pong? That was close.) But season 4 began brilliantly and looks likely to stay that way clear to the March 22 finale. Dunham's Hannah has become a substitute teacher and, true to form, has no idea how to respect or detect boundaries. Best buds with a student (Maude Apatow), she decides to cement the friendship at a tattoo parlor. This results in an excruciating scene that exposes (again) Hannah's self-deception, hypocrisy and—the reason we still love her—genius for papering over her flaws with killer jokes. (*HBO, March 8, 9 p.m.*)

No. 10 Zedd featuring Selena Gomez, "I Want You to Know"

MUSIC DANCE Like his previous hits ("Stay the Night," "Clarity" with Foxes), Zedd's new single recruits a pop diva—in this case, Gomez, whom he's reportedly dating—to sell an irresistible hook. Paired with Gomez's pipes is the infectious beat we've come to expect from the Grammy-winning Russian-German producer.



"Know" is Zedd's first single off his sophomore effort, due out this spring.



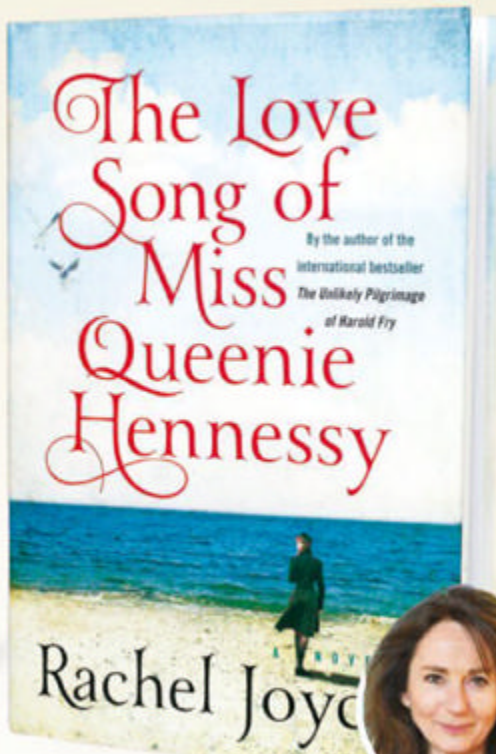
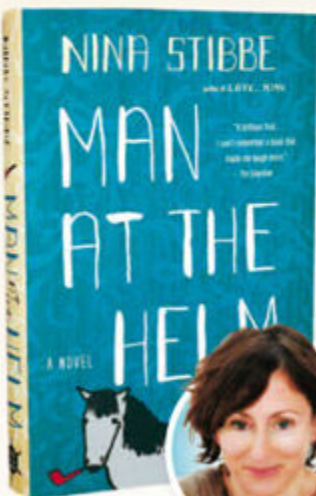


THICK CUT FOR MORE
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No. 12 The Best New Books

An end-of-life love story, a memoir with recipes, and the adventures of a once-posh family by the author of *Love, Nina* EDITED BY KIM HUBBARD



Sasha Martin *Life from Scratch*

MEMOIR Martin spent parts of her childhood in foster homes after her eccentric single mom gave her up. Now a food blogger, she decided to seek healing in a culinary adventure: cooking a meal from a different country each week for 195 weeks. Her memoir (with recipes!) about finding love and forgiveness in the kitchen nourishes body and soul.

Nina Stibbe *Man at the Helm*

NOVEL Moving to the country doesn't suit Lizzie. The villagers look askance at her divorced mum, who drinks and writes bad plays as the family fortune dwindles. So Lizzie and her sister set out to find a "man at the helm" to replace their dad—with hilarious results. Stibbe's astute, deadpan charm—first showcased in last year's *Love, Nina*—is impossible to resist.

Rachel Joyce *The Love Song of Miss Queenie Hennessy*

NOVEL Joyce's bestselling *The Unlikely Pilgrimage of Harold Fry* followed a 65-year-old man walking the length of England to visit his dying friend Queenie. This deeply affecting novel tells Queenie's story as she awaits him, writing a letter confessing her love and long-ago actions she fears are unforgivable. Culminating in a shattering revelation, her tale is funny, sad, hopeful: She's bound for death, but full of life.

GREAT NONFICTION

John L. Allen Jr. *The Francis Miracle*

Get ready for the Pope's September visit to the U.S. with this in-depth look at the man and his transformative powers. (From TIME BOOKS)

Kevin Sessums *I Left It on the Mountain*

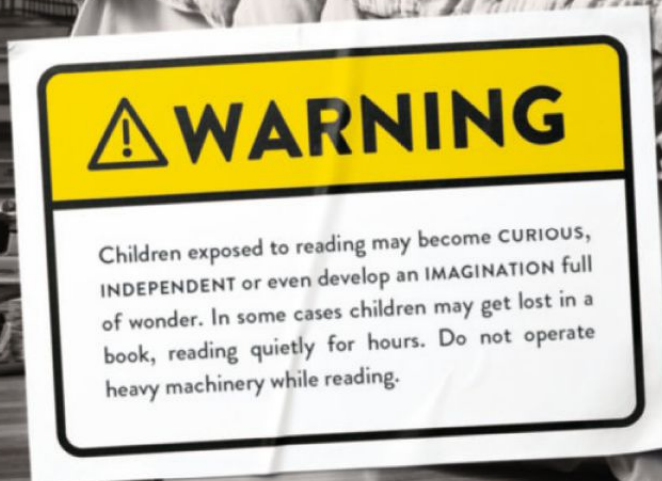
Journalist Sessums looks back on his celebrity interviews, his struggle with addiction and the spiritual redemption he found climbing Mt. Kilimanjaro.

Catherine Mayer *Born To Be King*

Poor Prince Charles—he's 66 and *still* throneless. TIME Editor-at-Large Mayer provides a fascinating look at the man she's said has "the loneliest existence I've ever seen."



kindle THE LOVE OF READING



amazon

MORE TREND. LESS SPEND.

The magazine cover features a large portrait of Kate Hudson smiling. The title 'People' is partially visible on the left, and 'STYLE WATCH' is prominently displayed in large white letters on a blue background at the top right. The date 'MARCH 2015' is printed in small letters above the title. A yellow banner at the top left reads 'Save Major \$\$\$! Exclusive Discounts'. On the left side, a vertical column of fashion items is shown with labels: 'MUST-HAVES At Every Price!' (a colorful patterned top and skirt), 'Tops & Skirts!', 'Bags!' (a blue quilted bag), 'Jewelry!' (purple and green earrings), and 'Shoes!' (a white high-heeled shoe). On the right side, a section titled 'BEAUTY BUYS Under \$10' shows a pink cosmetic bottle. Below that, 'SPRING HAIR & MAKEUP Best New Trends to Try!' is accompanied by a photo of Gugu Mbatha-Raw. In the center, over the portrait, is a large '527' and the text 'SPRING LOOKS'. A circular badge next to the portrait says 'KATE HUDSON Shares Her Style Secrets! p.36'. At the bottom, a blue banner reads 'For Every Body & Budget!' and black text below it says 'Great Finds Under \$100! \$50! \$25!'.

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MARCH 2015

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THE STAR OF *BOYHOOD* AND *CSI: CYBER*
TALKS ABOUT WINNING HER FIRST OSCAR, AGING
IN FRONT OF THE CAMERA AND MAKING IT
IN HOLLYWOOD—HER WAY **BY LYNETTE RICE**

"It's not that I don't love being a woman, but why do we have these one-sided conversations?" says Arquette (on the set of *CSI* in Studio City). "Why are my looks a conversation?"

A

After two decades working in Hollywood, Patricia Arquette has heard her fair share of sexist criticism. But for the 46-year-old actress, striving for anything other than a standard she long ago set for herself has never been on the agenda. “When I was a teenager, someone told me, ‘If you fix your teeth, you could be in *Playboy*,’” the actress recalls, sitting down to an interview on the set of her new CBS series, *CSI: Cyber*, in Studio City, Calif. “I said, ‘Why would I want to be in *Playboy*?’ I didn’t want to look ‘perfect.’ I didn’t want to have to be

some girl in a magazine. I didn’t want to have to change myself to be attractive.”

Arquette has certainly never been willing to compromise her beliefs for the sake of fame. And with her hot new TV show—and an awards-season sweep that ended with an Academy Award for her performance in *Boyhood*—it wouldn’t appear necessary. After accepting her Oscar Feb. 22, the actress gave a rousing—if slightly surprising—speech calling for equal pay for women. While her call for gender equality brought stars like Meryl Streep and Jennifer Lopez to their feet, backstage comments calling on “gay people and people of color that we’ve all fought for to fight for [women] now” became the topic of heated debates. An unapologetic Arquette took to Twitter Feb. 23 to defend her point: “Guess which women are the most negatively effected in wage inequality? Women of color,” she said.

Her famous family had her back too. “I was completely impressed. We’re really just so proud of her,” said her brother, actor David Arquette. “She did it like a trooper.”

‘It’s a really special moment in my life right now . . . just a pinnacle that I didn’t see coming at all’

—PATRICIA ARQUETTE

Whether or not she’s a trooper, Arquette has always considered herself a bit of a radical. Growing up on a hippie commune in Virginia in a family of actors (siblings Rosanna, 55; Richmond, 51; Alexis, 45; and David, 43, all followed their dad, Lewis, in the business), Arquette learned to be a free spirit. “My mom wouldn’t let us have Bar-

bies,” she says. “She never wore makeup, my mom and dad never talked about beauty, weight or body image or anything like that. They really raised me in a household that minimized its importance.” When Arquette decided to pursue acting, like her father, who

CHANGE AGENT

Arquette’s campaign for women extended backstage at the Oscars, where she called for other minority groups to support women’s quest for equal pay.



LUCY NICHOLSON/REUTERS



ALL IN THE FAMILY

All of Arquette's siblings (top, from left), Alexis, Rosanna, Richmond and David, are actors. "They're really excited for me and really blown away," she says. Arquette's daughter Harlow (above, far right with her mom on Oscar night) has already entered the family business, working on small projects with dad Thomas Jane, though "she has a really beautiful singing voice and is interested in music," Arquette says. Arquette's son Enzo (right) caught the bug too: He appeared opposite his mother in *True Romance* as well as in *Medium*.

had seen moderate success in commercials and small TV roles, "they were really bummed out," she admits.

Arquette was just 19 when she got pregnant with her son Enzo, now 26, with her then-boyfriend, musician Paul Rossi. "My son and I grew up together. I was a 20-year-old mom!" she says. Though she continued working, scoring roles like the love-struck Alabama in *True Romance*, motherhood "was always a big priority in my life," she says. "I loved being a mom. I love all those little moments in his childhood. They have gone so fast. I built my career *with* him."

As Arquette hit her stride professionally, she had another child—daughter Harlow, now 12, with actor Thomas Jane—and eventually became a household name starring in the TV series *Medium* in 2005. But she struggled in her personal life, going through two high-profile divorces, first from Nicolas Cage in 2001, and later from Jane in

2011. Poetically, Arquette was able to draw upon her own experience for her role in *Boyhood* as a divorced mom struggling to raise two children while putting herself through school. "When you're a kid, you think, 'I can't wait to have my own independence, to have my own apartment,'" she says. "But it can be really rough being an adult, and sometimes it just feels relentless."



The actress tried to shelter her kids from the industry as best she could. "I don't watch my movies at home, I don't talk about my work with my kids, there's not any posters of myself up on the wall," says Arquette, who is cur-

rently dating artist Eric White. But her new TV role—and awards-season accolades—make that a little more difficult. Enzo and Harlow have expressed an interest in acting (see box), and Harlow was one of Mom's Oscar dates. "It [was] a really special moment in my life that I didn't see coming at all, and however you can get your kid to give you a thumbs-up is really great," she said.

Arquette's given Harlow plenty of reasons to be proud—not to mention reassurance to viewers that, yes, Hollywood actresses do age. *Boyhood* had an unprecedented 12-year shooting schedule, and the march of time can be seen in the cast as the film progresses. Luckily, Arquette long ago learned to accept herself at any age. "As an actor, you often bump into your younger self. You'll be changing a channel and be like, 'Oh, *Nightmare on Elm Street*; I was 18. . . . Look how young I look," she recalls. "But to see it all strung together was powerful and intense." ●



NET SLEUTH
Arquette
plays Special
Agent
Avery Ryan in
CSI: Cyber.



WHAT MADE A SON SUDDENLY SNAP?

KILLER IN THE FA

AN HONORS STUDENT RAISED IN WEALTH, **ASHTON SACHS** SHOWED NO SIGN OF VIOLENCE—UNTIL HE SHOT HIS PARENTS WHILE THEY SLEPT



MILY

By **CHRISTINE PELISEK** and **MICHELLE TAUBER**

One week after the fatal shooting of Brad and Andra Sachs last February, their 19-year-old son Ashton delivered a tearful eulogy. “He talked about how he loved his parents,” recalls Andra’s sister Lesley

Summers. “He said he’d had a dream that they weren’t dead, and they drove up and Andra said, ‘Bullets can’t kill us.’” Along with his older brother Myles, he also served as a pallbearer at the funeral of Andra, 54, and Brad, 57, who were shot in bed at their home in the affluent enclave of San Juan Capistrano, Calif. “He collapsed on me, crying,” says Andra’s childhood friend Ruth Briscoe. “It was pretty powerful.” The tears also flowed at the hospital, where for weeks Ashton kept a daily vigil at the bedside of his 8-year-old brother Landon, who had been paralyzed in the shooting rampage. “He would cry and say, ‘Landon is 8 years old and he doesn’t have a dad,’” recalls Ashton’s former girlfriend Sarah Verbeek. “He’d say, ‘I can’t believe somebody killed my parents.’”



Less than one month later, authorities had arrested their prime suspect in the slayings: Ashton. As the evidence mounted—including a semiautomatic



SCENE OF THE CRIME

Ashton shot his parents, Brad and Andra, in their bed at the family’s \$2.5 million luxury home in San Juan Capistrano, Calif.

rifle found in his Prius and phone records placing him in the area at the time of the murders—investigators pushed him to offer his side of the story, to “give a reason why,” according to grand jury testimony released in the case. Ashton, whom investigators described as polite, calm and “very positive” when the interrogation began, replied simply, “I don’t have a reason why. Just a lot of problems.”

It’s an answer that even those closest to Ashton still can’t comprehend. According to grand jury transcripts, the onetime honors student drove 18 hours on Feb. 8, 2014, from his condo in Seattle to the family’s San Juan Capistrano home, armed with a semiautomatic rifle and a shoebox of ammunition. He would later tell investigators that he paced outside his parents’ bedroom for 10 to 15 minutes, “thinking about what to do, whether to go through with it, go home, kill himself there.” He shot them in bed, he later said, because he blamed them for his “messed-up life,” saying that his parents didn’t trust him, he was “the least favorite child in the family,” and that made him feel “horrible.”

In exclusive interviews with a dozen people connected to Ashton and his parents, those who know him best tell PEOPLE they never saw any hint of the darkness that would lead to two charges of murder and two charges of attempted murder (against Landon and Ashton’s 17-year-old sister Alexis, who was not harmed). “He never showed signs of aggression or threatened to hurt someone,” says Verbeek, who dated him for one year after they met in a sign-language class. “He wasn’t that kid you



THE WOMAN HE LOVED

Former girlfriend Sarah Verbeek (with Ashton) calls him brilliant, funny and attentive. “We never fought.”

see on TV crime documentaries that secludes himself and doesn’t talk to anyone. He never

spoke bad about his family. He never talked about guns. Nothing.”

Attorneys on both sides acknowledge that the crime is baffling and say money wasn’t a motive. With Ashton living on his own in Seattle at the time of the murders, “it wasn’t like a young guy trapped by age or a financial situation under the thumb of controlling parents,” says Orange County Deputy D.A. Michael Murray. Ashton’s public defender Seth Bank notes his client’s lack of a criminal

history and says, “You look at the outside of this case and you see a good-looking, nice kid, a soft kid with a huge, bright future, with family resources. It doesn’t fit anything that makes sense.”



And yet behind the wealthy facade of their San Juan Capistrano life, the Sachs family had a troubled history. Andra, a self-made real estate mogul with an estimated net worth of \$80 million, had met Brad, the son of a local surfing legend, at a computer trade show and married him in 1991. Ashrewd businesswoman, “she called herself Queen Andra,” recalls Summers, and was “a little bit ruthless,” says her other sister, Stephanie Garber. At the same time, “when it came to her children, she loved them,” says Summers. “Her heart was good when it came to her children.”



DECEMBER 2001

The Sachs family in a holiday pose. Clockwise from top left: Brad, Andra, Myles, Alexis and Ashton.

A PATH TO MURDER:

ASHTON'S LIFE OF PRIVILEGE & PAIN

APRIL 20, 1994

Ashton is born, the second son of Brad and Andra Sachs. “Ashton was always a little precocious,” says his aunt Stephanie Garber. “He is a sweet boy.”

APRIL 28, 1999

Ashton’s 18-month-old sister Sabrina drowns in the family hot tub. “Everything went south when she died,” says Brad’s sister Lisa McGowan.

MARCH 2000

Brad and Andra battle through a bitter divorce. They later reconcile but never remarry.

2007

The couple adopt Landon and Lana, then ages 2 and 9, from a Russian orphanage.

The couple acquired Flashcom, an Internet DSL service, in 1998, and the money began to pour in. One year later, tragedy struck: 18-month-old daughter Sabrina, the youngest of their four children, fell into the backyard hot tub and drowned. Devastated, Andra refused to talk about the death and never set foot in the house again. “After Sabrina died, it was swept under the rug. I know none of those kids got counseling,” Brad’s sister Lisa McGowan says of Myles, Ashton and Alexis. “It was the turning point in their lives.”



Sabrina’s death rocked the Sachses’ marriage, and in 2000 they filed for divorce, with Andra accusing Brad of assaulting her in front of the children and Brad alleging in court papers that she was mentally unbalanced. But soon

after, the couple reconciled. Andra, meanwhile, was “hell-bent on having another child,” says McGowan, and in 2007 they adopted Landon and his older sister Lana, then 9, from a Russian orphanage. “She was looking for that replacement child for Sabrina,” says McGowan.

For his part, Ashton embraced his new siblings, sharing stories and photos of the trip he took to Russia with Andra. “He was so excited,” says Connor Ward, who met Ashton in sixth grade. Back then, “he was a hyper, goofy kid,” recalls Ward. “I think that people didn’t like his energy sometimes. To me he was a funny kid. There was never any dark humor at all.” A computer whiz with a passion for trading cards, he

“loved the film *Borat*,” says Blake Calabrese, another middle school friend. “He would burst out lines from it at the beginning of class.” He also had an irreverent streak: Though gum wasn’t allowed in school, “I remember that he brought in a backpack that had nothing but gum,” says Ward. “He filled it to the top with all these different types of gum and was handing it out. It was funny.”

Garber remembers her nephew as “a lovely, sweet boy” but says he sometimes clashed with his dad. “He didn’t get along with him when he was younger. He was a little hyper, and it would annoy Brad.” She says that during the Sachses’ split, “Ashton was definitely on his mother’s side,” but that

‘I think of my friend I loved, and I can’t see the kid who murdered his parents’

—CONNOR WARD



2009

“Andra was controlling and overbearing,” says her sister Lesley (right, with Ashton and Andra).



FEB. 22, 2014

In a photo taken a week after his parents’ funeral, Ashton posed with cousins Kelsey and Erinn and grandfather Hal (Brad’s father) in Point Loma, Calif.

SUMMER 2013

Despondent after a breakup with girlfriend Sarah Verbeek, Ashton attempts suicide by overdosing on painkillers.

FALL 2013

Ashton moves to Seattle and enrolls in college, studying computer science. “He had a plan,” says Garber. “He had a future.”

FEB. 9, 2014

Brad and Andra Sachs are killed in their bed. Eight-year-old Landon is also shot, leaving the boy paralyzed.

LATE FEBRUARY 2014

Myles and Ashton apply for guardianship of their younger siblings.

MARCH 6, 2014

Police arrest Ashton when phone records suggest he lied about his whereabouts on the night of the murder. They also find a rifle in the trunk of his car.

after Brad was diagnosed with Parkinson's disease in 2012, his relationship with Ashton improved. "He felt sorry for his father," says Garber. She also describes Ashton as "a ladies' man" and says she never saw him act out but recalls an incident "quite a long time ago when a kid was bullying him and he took a butter knife from the house and flashed it in front of the kid," she says. "The kid never bothered him after that."

An A student who taught residents at his grandmother's nursing home how to use computers, Ashton "was not superpopular but didn't seem weird or anything," says Donovan Tetsuka, a friend from Laguna Beach High School. Characterized by many of his friends as "goofy," his humor "could be described as five years younger," says Tetsuka. "He liked to joke around and seemed happy all the time." Yes, he could be a "lone wolf," but "he wasn't socially inept. To be popular you had to be a surfer, and he wasn't into that. It was a difference of interest." Another high school classmate, Jeremy Wentz, says Ashton was low-key about his family's wealth. "I had no idea he was that rich,"

says Wentz, who spent time playing World of Warcraft with him online. "He was pretty casual."

After Ashton started dating Verbeek, now 26, "he treated me like a princess and spoiled me rotten," she recalls. "We would take Landon to Chuck E. Cheese's and [Alexis and Lana] to the mall. If you didn't know Landon was his brother, you would think he was his son. He carried him everywhere. Andra and Brad would take us out on a boat. It was amazing"

Although the family had amassed a vast fortune, "Andra did not lavish her kids with money, and she didn't want them to be spoiled," says Garber. Still, "they always got to go to Disneyland and Knott's Berry Farm. They had a nice lifestyle."

But there were simmering tensions at home. Ashton "fibbed a lot," says Summers, and Andra "didn't trust him with

a dime, and Ashton knew it. He stole money from her before, and she was monitoring what he was spending." Verbeek says Ashton "had a lot of pressure on him. Andra was always harping on him: 'You need to work more.' She

didn't have a problem scolding him in front of me." Among his siblings, Verbeek adds, "definitely he had the most pressure to do good." McGowan says that Andra overtly favored Myles. "He was her favorite," she says. "Myles was her shadow." When it came to money, though, "Andra left equal amounts [to each

of her kids]," says Garber, "and Ashton knew that."

Things took a grim turn in the summer of 2013, when Ashton's breakup with Verbeek sent him into a downward spiral, and he attempted suicide by overdosing on painkillers. That fall he left home for Seattle to attend the North Seattle Community College—a move Bank says was Andra's decision and came at a time when Ashton was fragile: "It didn't seem necessary to move him so quickly without plans for aftercare." Garber says Andra thought it was best for her brokenhearted son to move away from his ex. After the suicide attempt, "Andra was blaming everything on me," says Verbeek, who turned down Ashton's request that she move to Seattle with him behind his mother's back. Mostly, though, says Briscoe, Andra didn't understand the severity of Ashton's

depression. "She told him to throw dirt on it and brush it off," Briscoe recalls. "She thought he was okay now."

In fact, things seemed to be stabilizing when Briscoe had lunch with Andra and Ashton in January 2014, one month before the murders. "She was praising Ashton, saying how proud she was: 'That's my boy,'" recalls Briscoe. "I work for a law school, and he was asking questions about it, saying law school was something

'Ashton is a sweet kid. He had so much promise. I never thought he could do something like this'

—STEPHANIE GARBER



CLOSING IN
Law-enforcement officers searched for evidence near the Sachses' home on Feb. 9, 2014. Inset: Ashton's March 7, 2014, booking photo following his arrest for murder.

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Who represents me? The Court has appointed Eppsteiner & Fiorica Attorneys, LLP as Lead Counsel to represent the Class in this case. You do not have to pay Class Counsel or anyone else to participate. You may hire your own lawyer to represent you at your expense.

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Class or not. If you submit a claim, file an objection or do nothing, you are choosing to stay in the Class, and you will be bound by the Court's decisions and the Parties' Final Settlement Agreement and Release. Any claims you may have against Bosch and Siemens relating to the Washers will be released and you will be forever barred from asserting these claims against them. If you want to keep your right to sue the Defendant yourself, you must exclude yourself from the Settlement Class by **April 30, 2015**. If you exclude yourself, you cannot get a payment from this Settlement. To ask to be excluded from the Class, send a letter to Bosch Siemens Washing Machines Class Action Administrator, PO Box 43340, Providence, RI 02940-3340, postmarked by **April 30, 2015**, stating you want to be excluded from *Cobb v. BSH Home Appliances Corp.*, Case No. 8:10-cv-00711. Include your name, address, telephone number, and signature. If you stay in the Settlement Class, you may object to the Settlement by **April 30, 2015**. Visit www.BoschSiemensWashingMachinesClassAction.com for details about how to object.

The Court will hold a hearing on June 1, 2015 to consider whether to approve the Settlement, a request for attorneys' fees and expenses of up to \$6.5 million and a \$5,000 payment to each of the four Class Representatives. You or your own lawyer may appear at the hearing at your own expense.

1-877-695-7474

www.BoschSiemensWashingMachinesClassAction.com



HIS LIFE BEHIND BARS

Above: Ashton appears with his attorney at a Dec. 12, 2014, arraignment hearing in Santa Ana, Calif. **Inset:** Andra's sister Lesley (center) and friend Cathy O'Neil leave the jail complex after the hearing. "For some reason he thinks he is getting out of it," Lesley says of her jail chats with Ashton. "He wants to finish college, so we're looking at correspondence college. He asks for books." Has she forgiven him? "I haven't."



he wanted to do later on. He was in great spirits. That's why it's so hard to understand what he did 33 days later."



Ashton would later tell deputies that he had "f----- up his life" and that he "had stopped going to school, where he had smoked marijuana [and] played video games during the days." Three days before the shooting, text messages recovered from Ashton's phone included an exchange between Ashton and Andra about Brad's birthday on Feb. 6. "You forgot his birthday. Not nice," Andra wrote. "I forgot his birthday just as much as he forgot he has a son," Ashton replied. "Wow, no he didn't. He loves you very much," his mother said.

According to grand jury testimony, Ashton told investigators he devised a plot to kill his parents four or five days before the rampage. His Internet search history showed Wikipedia articles on felony murder, the insanity defense and parole, an investigator tes-

tified. He killed his parents first, telling deputies that he "wanted them to die for everything that he felt." He then shot Landon in his bedroom before shooting once at Alexis after slamming open her bedroom door. She told authorities the noise woke her but she didn't see her attacker, and that after she saw her parents and Landon, she woke Lana, who called 911.



In the weeks after the attack, Ashton spent much of his time at Landon's bedside. Just eight hours after the shooting, "I saw him at the hospital and he said they were still looking for whoever it was," recalls Wentz, who works at the same hospital where Landon was admitted. "He was very mellow about it, honestly. He said, 'I am just happy my brother is okay.' I gave him a hug and told him to let me know if he needed anything." Garber also saw Ashton at the hospital, where he said he was planning to move back to California and help raise his younger siblings. "He said

he rented a house with Myles and they were all going to live there," she recalls.

Before long, however, authorities homed in on Ashton, and, according to grand jury documents, he confessed to the shootings after being told police had found a weapon inside his car. He has pleaded not guilty and is expected to stand trial later this year. Prosecutors haven't decided if they will seek the death penalty—a punishment Andra, a longtime Democratic donor, said she "never supported," says Bank. Currently held in a solitary cell at the Central Men's Jail in Orange County, "he is very isolated," Bank adds. "It is really hard for him." Says Summers, who has visited him there: "He says he feels bad. He wants to finish college." He repeatedly brings up something else too. "He says he misses his family," says Garber. "I just don't get it." ●

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THE COMEDIAN IS BEST KNOWN
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TURNS OUT, SHE'S PERFECT FOR IT

BY CATHERINE KAST

There's not a lot that bothers Ellie Kemper. Known for playing sunny sweethearts—the ever-chipper secretary Erin Hannon on *The Office*, the naive newlywed Becca in *Bridesmaids* and now Kimmy Schmidt, the woman who escapes a doomsday cult and starts life anew in the Netflix series *Unbreakable Kimmy Schmidt*—she's pretty unflappable herself. But the 34-year-old actress does lose her cool when it comes to one particular irritant. “When people don’t have good manners, I think it’s inexcusable,” says Kemper, whose life in New York City, with

**A WRITER &
HER MUSE**
“She’s Tina Fey.
Of course
I was excited!”
Kemper
says of her
show’s creator.



FROM LEFT: MARC ROYCE/CORBIS OUTLINE; STEVE SANDS/NYNEWSWIRE

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RETURN TO INNOCENCE

"I know my strengths," Kemper says of often playing naive girls (below, with Melissa McCarthy in *Bridesmaids*; right, on-set with *Schmidt* costar Tituss Burgess).



her husband of nearly three years, TV writer Michael Koman, 37, has taught her to put a premium on consideration. "There's a flow to foot traffic on the sidewalk, and when people aren't adhering to that, it makes me so angry," Kemper says. "Or when people don't stand to the side and let passengers off the subway first, it drives me crazy! I sound like George Costanza."

Growing up, Kemper wasn't accustomed to such big-city problems. Raised in St. Louis with her three siblings, she had a "normal" upbringing, putting on a lot of plays and making home movies with her sister, and dove into comedy when she joined an improv troupe at Princeton. "I had a

lucky Midwestern childhood," she says, before cheerfully adding, "Thanks, Mom and Dad!"

Kimmy, the character she plays in *Unbreakable*, wasn't so fortunate—she spent 15 years in an underground bunker as part of an apocalyptic cult, and the show chronicles Kimmy's new life in Manhattan after her rescue. "It's a heightened, more extreme version of the new girl in town starting life over in the big city," explains Tina Fey, who created and wrote the show alongside her *30 Rock* showrunner Robert Carlock with Kemper in mind. "We were drawn to the idea that I've

seen reflected in real life: People can survive anything and are capable of incredible optimism." Kemper was the perfect fit. "She's so intelligent and energetic and adorable," Fey says. And Kimmy's childlike innocence isn't just comical—"Well, I wish I was your

'Ellie is so energetic and adorable. She's just a star, for lack of a better word'

—TINA FEY

yellow hat!" she blithely responds to a leering construction worker, who tells her he wishes he was her jeans—but also motivational. "She has resilience and tenacity and determination. I hope I have some elements of that," Kemper says. It's a lesson perhaps

learned from her ninth-grade acting teacher, *Mad Men* actor Jon Hamm, who went to her high school and returned to teach when he was 24. "He was the first to [tell me] that the central tenet of improv is to listen and say yes," she says. "If you say yes instead of closing off, there's that much more opportunity. It is infinitely helpful."

Luckily, saying yes continues to come pretty easily to Kemper. During the filming of *Schmidt*, "she had to handle a live rat," Fey recalls. True to form, Kemper made lemonade from lemons... or a pet from a pest. "That rat was a showbiz rat," she says with a laugh. "It almost felt like a small kitten." ●

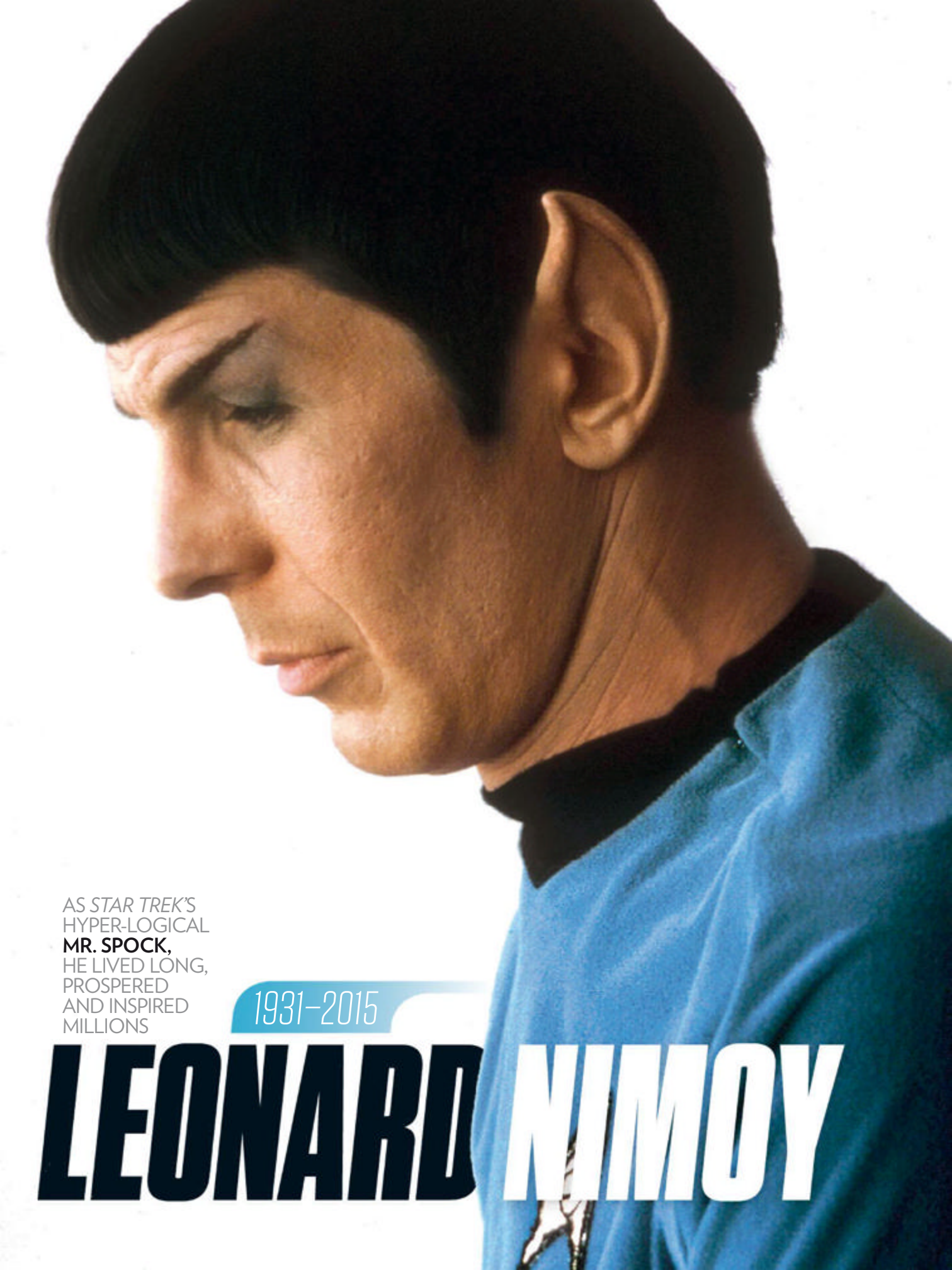
DATE NIGHTS

"I love cooking, but I'm not good at it," Kemper says of her low-key life with husband Michael Koman.





The key to Nimoy's performance as the cool, rational Spock? He told writer-director Nicholas Meyer, "I played him as a man struggling to keep his passion in check."



AS STAR TREK'S
HYPER-LOGICAL
MR. SPOCK,
HE LIVED LONG,
PROSPERED
AND INSPIRED
MILLIONS

1931-2015

LEONARD NIMOY



Going Boldly

1. The Boston native in high school, 1948.
2. Spock got wheels, ca. 1967.
3. In the makeup chair (*Trek* creator Gene Roddenberry initially wanted Spock's skin to be red).
4. In *Enterprise* mode with William Shatner (left) and DeForest Kelley.
5. At home with Adam, his son with first wife Sandra Zober (they also have a daughter, Julie).

The starship *Enterprise* was meant to explore space in a five-year mission, but *Star Trek*'s Mr. Spock—and actor Leonard Nimoy, who was 83 when he died Feb. 27 in Los Angeles from chronic obstructive pulmonary disease—will be orbiting our lives for many, many years. It's a blessing we share with all future Nimoyes. "We will always be able to hear his voice in *Star Trek* episodes," say his five grandchildren in a statement written exclusively for PEOPLE. "When we're missing our Poppi (that's what we all called him), we can go watch him online somewhere. That way he never really leaves us."

In the half century since *Star Trek* launched its three-season run on NBC in 1966, the half Vulcan, half human with pointy ears, rather groovy bangs and a predisposition for precise logic has grown ever more iconic. He's been called one of the greatest TV characters of all time and the best-loved alien since Superman. As the original

series spawned movies, more TV shows and recent movie reboots starring Zachary Quinto as Spock, his significance became truly transcendent: On Feb. 28 astronaut Terry Virts paid tribute to Nimoy by sharing a photo of his hand offering the Vulcan salute (Nimoy's invention), fingers spread in a V. "Long before being nerdy was cool, there was Leonard Nimoy," said President Barack Obama. His *Star Trek* costar William Shatner praised him as "a precious gem of a man." Nimoy had already Tweeted out his own farewell: "A life is like a garden. Perfect moments can be had, but not preserved, except in memory."

Nimoy was buried in a quiet ceremony—with Quinto speaking and modern *Star Trek* costar Chris Pine among the 300 mourners—two days after he died peacefully at his Bel Air home. Surrounded by his family, he had even smiled in his very final moment, according to Rabbi John L. Rosove, cousin to Nimoy's widow, former



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actress Susan Bay, 71. “He had a very difficult last three, four months with the breathing,” says Rosove. “I think he saw light and he was beamed up, so to speak. Susan told him when he couldn’t respond, ‘Lenny, I love you. You can go. It’s okay. We love you.’”

Their 26-year marriage had been the bedrock of Nimoy’s happiness. He was open about how Susan helped him recover from alcoholism. “She brought him out of darkness,” says Rosove. “They would talk deeply about everything, so he had someone who adored him but always told him the truth.”



Over the years Nimoy learned to play along with his image as cerebral, poker-faced Spock. But that wasn’t the heart of the man. “Lenny was a pretty down-to-earth human being. And as a result, when he said something it resonated,” says Martin Landau, who costarred on *Mission: Impossible*, Nimoy’s first post-*Trek* series. “Lenny was a fair guy. You sensed when he talked to you that he



wasn’t going to hurt you in any way. Ever.” Nimoy “was far from stoic,” adds Nicholas Meyer, a director and co-writer for several *Trek* movies. “He was passionate, he was humorous, he was an advocate for progressive ideals,” including civil rights. “He was not content to sit on the sidelines.”

Long Legacy

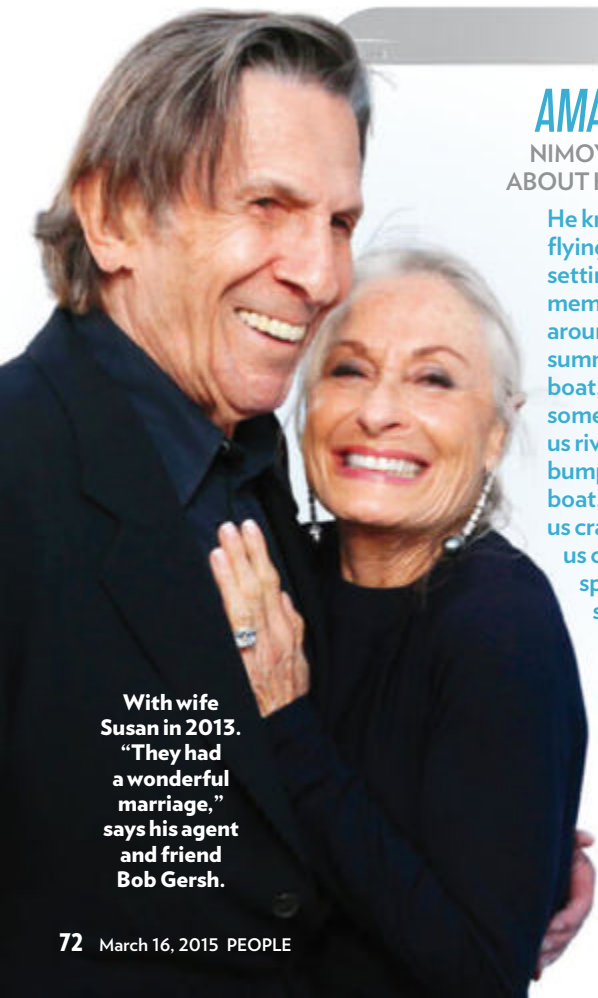
Nimoy made a cameo in 2013’s *Star Trek into Darkness*, joined Jim Parsons on the set of *The Big Bang Theory* in 2012 (he voiced a Spock action figure) and played himself on *The Simpsons* in 1993.



Nimoy always had much more on his mind than Spock. He was a published poet, a photographer, a singer (his albums include *Leonard Nimoy Presents Mr. Spock’s Music from Outer Space*), a movie and TV director (including *Star Trek IV: The Voyage Home* and the hit 1987 comedy *3 Men and a Baby*). Ambivalent about his famous role, he wrote one memoir, 1975’s *I Am Not Spock*, followed 20 years later by *I Am Spock*. But Nimoy said he knew that Spock had brought him “all kinds of wonderful opportunities.” And he respected the obsessive fans known as Trekkers: “They’re a lot of very decent, very wise and very worthwhile people.” Steve Guttenberg, one of the stars of *3 Men*, recalls that “when people yelled, ‘Spock!’ he didn’t turn around like so many actors who would say, ‘That’s not my name.’” Instead, he would respond with Spock’s signature line, “Live long and prosper.”

“I loved him,” says Guttenberg. “He was a fireball inside a great amount of quiet.”

By Tom Glatto. With **Patrick Gomez, Melody Chiu** and **Mary Green**



With wife Susan in 2013. “They had a wonderful marriage,” says his agent and friend Bob Gersh.

‘HE WAS AN AMAZING GRANDFATHER’

NIMOY’S 5 GRANDKIDS TELL PEOPLE ABOUT HIS PRIVATE, FUN-LOVING SIDE

He knew how to do everything from flying a plane to fixing a vacuum to setting up aquariums. Our favorite memory is when he would drive us around on his boat on Lake Tahoe every summer. He would let us each drive the boat, with him right next to us if something went wrong. He would take us river rafting where the ride was so bumpy everyone kept falling out of the boat, but Poppi kept us all safe and kept us cracking up the entire time. He told us countless stories. The ones that he spoke about most were the funny stories about life as an actor before Spock. He told us how he didn’t have a job that lasted longer than a week before *Star Trek*. He had an unbelievable memory. We were so lucky to have such an amazing grandfather.

—Alex Schwartz, 30, Dani Schwartz, 25, Maddy Nimoy, 24, Spencer Schwartz, 23, and Jonah Nimoy, 22

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♥ jennifer lopez



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by JENNIFER LOPEZ

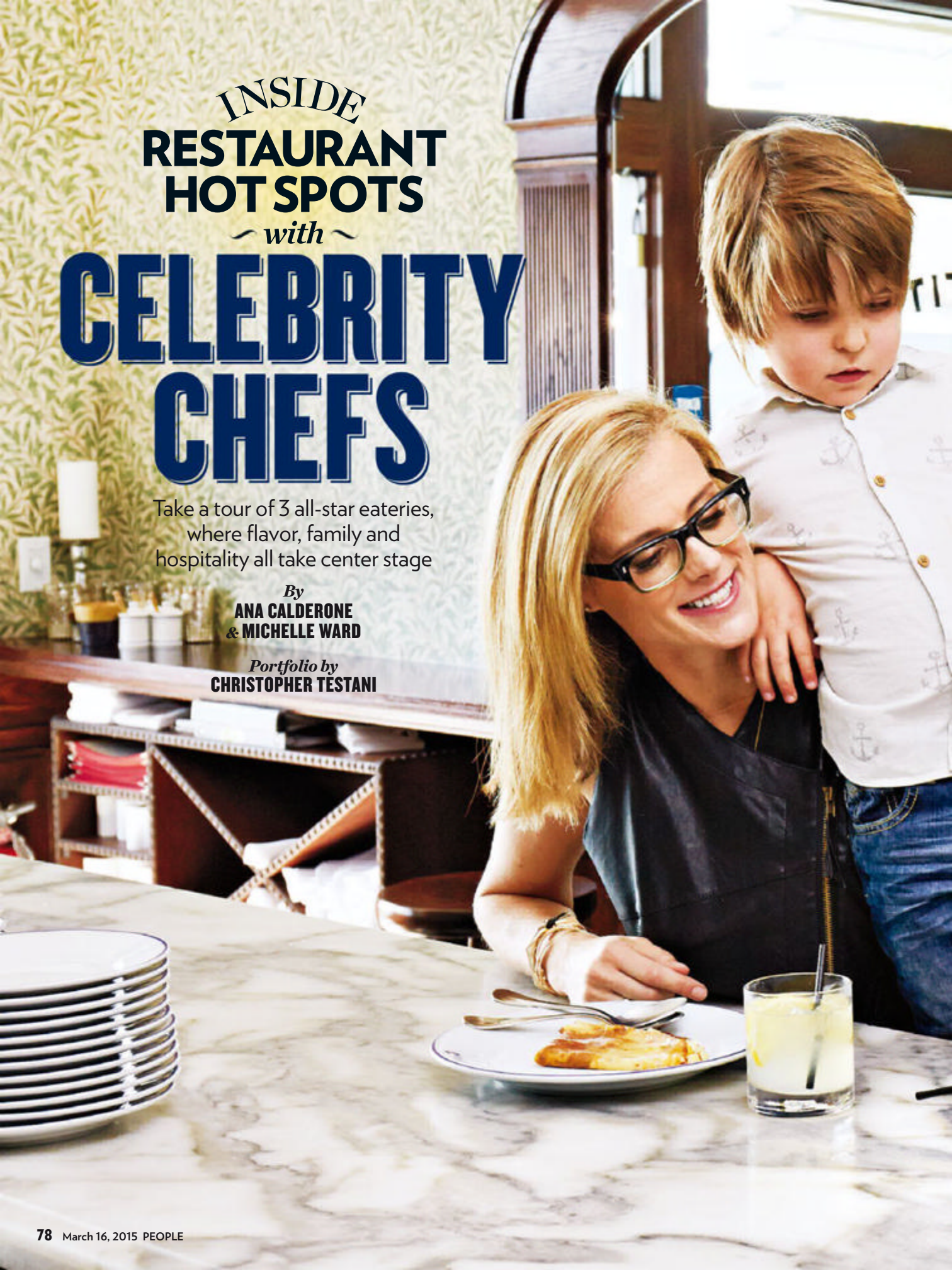
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INSIDE RESTAURANT HOT SPOTS ~ with ~ CELEBRITY CHEFS

Take a tour of 3 all-star eateries,
where flavor, family and
hospitality all take center stage

By
**ANA CALDERONE
& MICHELLE WARD**

Portfolio by
CHRISTOPHER TESTANI

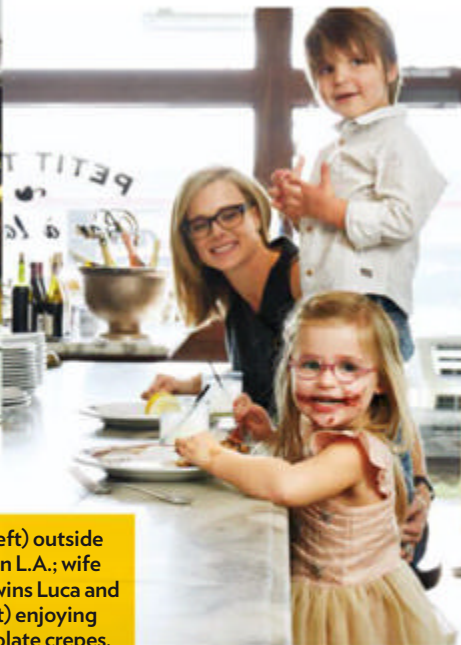


**LUDO
LEFEBVRE**

~ and ~
HIS FAMILY
at **PETIT TROIS**
in **LOS ANGELES**



Lefebvre (left) outside Petit Trois in L.A.; wife Krissy with twins Luca and Rêve (right) enjoying Papa's chocolate crepes.



When Ludo Lefebvre opened his French bistro Petit Trois in July, he had one vision in mind. “I wanted to create a memory from France, where you sit together and literally touch your neighbor,” says Lefebvre, 43, who grew up in Burgundy and moved to America in 1996. “Because that’s the way we eat in France.” Mission accomplished. The chef—who stars on ABC’s cooking competition show *The Taste*—converted a Thai restaurant, located next door to his popular restaurant Trois Mec, into a Parisian sanctuary in bustling Los Angeles. “Everybody tells me when they come to Petit Trois they feel like they’re in Paris,” he says.

Now, seven months after opening, Lefebvre’s tiny, 22-seat café has become one of the hottest spots in town, attracting an A-list clientele including Justin Timberlake and Drew Barrymore. Though with a no-reservation policy,

‘I WANT YOU TO FEEL EXACTLY LIKE YOU’RE IN MY HOUSE’

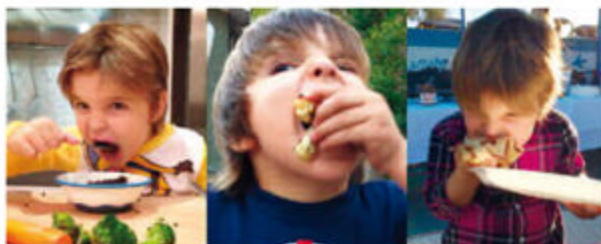
—LUDO LEFEBVRE

the chef—who recently released the 10th-anniversary edition of his cookbook *Crave*—insists all his customers, including the celebrities, are treated the same. “It’s not like a perfect froufrou French place. We don’t do any favors, so you wait, that’s it,” he says. “They are like everybody else.” Those rules also

apply to his manager and wife, Krissy, and 3½-year-old twins, son Luca and daughter Rêve, who have often waited for seats at the bar. “Sometimes they come to eat meals with me at the restaurant at 5 o’clock,” Lefebvre says.

When his family isn’t stopping in for dinner, “Papa” is making food the center of their world at home—especially for Luca, who can be seen eating his dad’s creations with gusto on his own Instagram account (see below). “I’ve cooked for them since they were very little,” Lefebvre says. “I want to spend time with them at the table. That’s where I want to create traditions and memories.”

But whether he’s making a roasted chicken at home on Sunday, whipping up crepes (see recipe on p. 82) for a fund-raiser at the kids’ school or preparing a plate of escargots at Petit Trois, Lefebvre is all about producing the same result. “It’s not about cooking for my ego,” he says. “I’ve learned it’s really about making people happy.”



INSTAGRAM
STAR
@LUCAEATS

“My son Luca eats everything, and he loves to be in the kitchen,” says Lefebvre.

THERE WAS A FEAR OF
CHEMISTRY
ON THE DANCE FLOOR.
BUT NEVER IN THEIR FOOD.

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Antibiotic-Free Chicken

CHOCOLATE CREPES

*'You can do anything
you want with crepes,
savory or sweet—that's
why I like them'*



- ½ cup heavy whipping cream
- 4 oz. bittersweet chocolate, chopped
- 1 cup all-purpose flour
- ⅓ cup sugar
- 3 large eggs, room temperature
- ¼ tsp. fleur de sel
- 1¾ cups whole milk, room temperature
- 2 tbsp. unsalted butter, melted
- 2 tsp. finely grated orange peel
- 1 tbsp. canola oil
- Unsweetened cocoa powder

1. Bring the cream to a simmer in a small saucepan over medium-low heat. Remove from heat. Add the chocolate and stir until melted and smooth, about 1 minute.

2. In a large bowl, whisk the flour, sugar, eggs and fleur de sel to blend. Add the milk, butter and orange peel; whisk to combine. Cover the batter and refrigerate until cold, about 1 hour.

3. Preheat the oven to 200°. Lightly brush an 8-in. nonstick pan with oil and heat over medium heat. Pour 2 tbsp. of the crepe batter into the pan and quickly swirl the pan to coat the bottom thinly and evenly, until all of the batter is set. Cook until the edges of the crepe are light brown, about 1 minute. Loosen the crepe edges gently with a rubber spatula. Using your fingertips, carefully lift the crepe by the edge and turn it over. Cook until the bottom begins to brown in spots, about 1 minute. Fold the crepe in half, then in half again, forming a triangle. Transfer to a baking sheet; keep warm in the oven. Repeat with the remaining batter.

4. When ready to serve, drizzle with warm chocolate sauce and dust lightly with cocoa powder.

SERVES: 8

PREP TIME: 10 minutes, plus cooling

COOK TIME: 15 minutes

LUDO'S 3-STEP GUIDE HOW TO MAKE PERFECT FRENCH CREPES



1 MIX "Whisk just until all the ingredients are combined. If it's too thick, add a little more warm milk."

2 STRAIN "It's a quick fix. You don't want any lumps of flour in the batter. Texture is important."

3 COOK "Use a ladle to spread the batter very fast and very thin. That's the key. *Voilà!*"



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**DONATELLA
ARPAIA**

~ and ~
ALESSANDRO

at **PROVA**
in **NEW YORK CITY**

ITALIAN TWIST

"The pizza is modern but rooted in tradition," says Arpaia. "The toppings take it to a whole other level."

Donatella Arpaia's Neapolitan pizzeria Prova is the 10th restaurant the celebrity chef has opened, but the first in one very important way. "This is my first restaurant since becoming a mom," says the 43-year-old Food Network star. "My whole life changed when I got married [to heart surgeon Dr. Allan Stewart in 2011] and had my son Alessandro. It's reflective of my life now." Family is at the core of her New

York City restaurant, which opened in January and has quickly become a must-eat destination. "Twice a week my husband and 3-year-old son will come in for dinner, and we'll sit and talk about our day." The eatery is also reminiscent of her own childhood. "Growing up, I spent my summers in Naples. I wanted this place to be authentic," says Arpaia, whose Italian father was a restaurateur in New York. To achieve this, she created a "rustic luxe" space,

using decor from Italy and shipping five tons of Neapolitan volcanic rock to build "the only pizza oven like it in the U.S." The custom-made oven heats up evenly to "over 900 degrees," which creates a chewy, crispy, soft-in-the-center crust in less than 90 seconds. Despite those exacting details, her inspiration is simple: "It's all about the food I love," she says. "This is how I entertain. If you came to my house, I'd make you pizza and salad."



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It's time to look beyond the bowl at [YouTube.com/Wendys](https://www.youtube.com/Wendys).



DIY PIE DONATELLA'S FAVORITE TOPPINGS

SAUSAGE and BROCCOLI RABE

Top dough with sautéed broccoli rabe, cooked Italian sausage, Parmigiano-Reggiano, fresh mozzarella and a pinch of red pepper flakes. Before serving, drizzle with extra-virgin olive oil.

BACON and CHIVES

Spread crème fraîche almost to the edges of the pie and scatter chopped bacon and chives on top.

CLASSIC MARGHERITA

Crush canned Italian tomatoes with their juices, then spread over the dough.

Add fresh mozzarella and torn basil leaves.

CHOCOLATE and BANANA

Cook sliced bananas in butter and brown sugar until caramelized. Spread chocolate-hazelnut spread on dough, and top with bananas and toasted coconut.

MAKE YOUR OWN PIZZA DOUGH

The chef reveals her recipe for authentic Neapolitan-style crust

- 1½ cups room-temperature water
- 1 tsp. active dry yeast
- 4½ cups cake flour
- 2 tsp. kosher salt
- 1 tbsp. extra-virgin olive oil, plus extra to coat

1. In the bowl of a stand mixer, add water and yeast and wait 5 minutes until yeast dissolves. Using the paddle attachment on low speed, mix half the flour with the salt and olive oil until the dough is smooth

and elastic, then add the remaining flour and mix for about 12 minutes.

2. Coat the inside of another large bowl with a thick layer of olive oil, about 1 tsp. Place the dough in the bowl and turn to coat with oil. Cover with plastic wrap and place it in a warm place until the dough doubles in size, at least 2 hours.

3. Remove the plastic wrap and punch the dough to deflate slightly. Cut the dough to form

4 round dough balls. Place each ball in its own bowl, cover with plastic, and let sit for 35 minutes at room temperature. **4.** Preheat the oven to 500°. Working one ball of dough at a time on a lightly floured surface, flatten it with your hands. Using a rolling pin, roll the dough ½ in. thick, starting at the center and working outward. Turn and roll the dough until it will not stretch further. **5.** Use your palm to flatten

the edges of the dough, then pinch to form a crust “lip” with your fingers (or a rolling pin). Place dough on a pizza stone or parchment-lined baking sheet. Place your desired toppings on top (see sidebar for suggestions). Bake on the bottom rack of oven for 10 to 15 minutes or until crust is crisp and golden brown. Slice and serve. **MAKES:** Four 10-in. pizzas **PREP TIME:** 45 minutes, plus at least 2 hours to rise **COOK TIME:** 50 minutes



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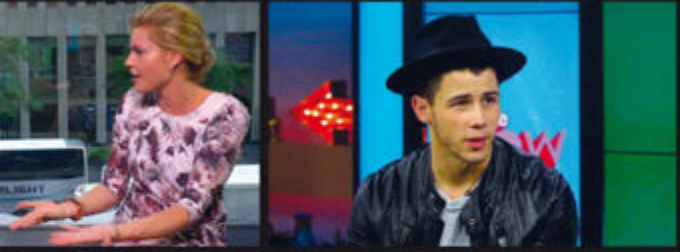


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**Let's
Go
Places**

FLOYD CARDOZ

at **WHITE STREET**
in **NEW YORK CITY**

TIME HOP

"We wanted to re-create a *Great Gatsby* era here," says Cardoz (in the restaurant's private dining room, decorated with photos from the early 1900s).

One of the first things Floyd Cardoz does when he starts his day at New York City's White Street is check the reservation list. "I look for chefs, celebrities, regulars," he says. "I try to make connections with all my guests." His most notable diner at the grand downtown space has been President Barack Obama, who ate there last fall following its September opening. "To have the opportunity to have the President come to your restaurant is unbelievable," says Cardoz, 54, who rose to national fame after winning the third season of *Top Chef Masters*. "He shook

my hand and said the food was great." The chef's ability to subtly mix global flavors with American tastes is what has attracted foodies of all backgrounds. "We have such a mix of cultures in America that our food is not just one

**'I MAKE MOST
OF THE DISHES
AT HOME, AND
THEN THEY
END UP ON THE
MENU'**
—FLOYD CARDOZ

cuisine," he says. "Our palates have adapted to different flavors, so White Street is a stage for me to bring them together in ways that are familiar to guests." His culinary style is the norm around the family table with his wife, Barkha, and sons Justin, 17, and Peter, 22. "The way I cook at the restaurant is the way I cook at home," he says. And although Cardoz is the one calling the shots, his staff is a large part of White Street's success. "They are the people who make your food taste better," he says. "Good food is not only about how it looks on the plate. It's about how good it makes the person eating it feel."



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GRILLED PEPPER SHRIMP

"The sweetness of the shrimp and the heat of the spices make this a terrific dish"

2 lbs. large shrimp, peeled and deveined with tails on
 ¼ cup extra-virgin olive oil
 2 tbsp. ground coriander
 1 tbsp. freshly ground black pepper
 1 tsp. kosher salt
 Juice of two limes

1. In a large mixing bowl, toss the shrimp with the olive oil, coriander and black pepper. Cover and chill for 3 hours (or up to overnight).
 2. Heat a grill or grill pan to medium-high heat. Season the shrimp with salt, and place them on an oiled grill. Cook for 4 minutes on each side, or until shrimp turn pink. Sprinkle with lime juice and serve.
SERVES: 4 to 6
PREP TIME: 5 minutes, plus marinating time
COOK TIME: 10 minutes



All Natural
ALEXIA

All-natural sweet potatoes with a hint of sea salt.



THE GUEST LIST SEEN AT WHITE STREET



BARACK OBAMA

"Cooking for the President was the best you can get," says Cardoz.



BROOKE SHIELDS

The star dined on Cardoz's crab bucatini pasta.



MICHAEL STRAHAN

A highlight for Cardoz: taking a photo with the former N.Y. Giant.



JULIANNE HOUGH

The *Dancing with the Stars* judge attended a recent fashion dinner.





"I've always been quite happy," says Dench. "I love being with my family and playing games. We don't behave in grown-up ways at all."

JUDI
DENCH

What I Know Now

THE OSCAR WINNER RETURNS TO THE MARIGOLD HOTEL—AND REVEALS WHAT SHE REALLY THINKS ABOUT AGING: ‘I’D RATHER BE YOUNG AND KNOW NOTHING’

By **SIMON PERRY**

Here are a few things Judi Dench has accomplished *after* age 60: getting nominated for seven Oscars and winning one (Best Supporting Actress for *Shakespeare in Love*). Bossing around James Bond. Turning a low-budget retiree romance, *The Best Exotic Marigold Hotel*, into a \$135 million sleeper hit with a just-released sequel, *The Second Best Exotic Marigold Hotel*. “I don’t think I’m slowing down,” Dench, 80, says briskly, perched in a plush room at Claridge’s hotel in London. The York native, who gained renown on the British stage before becoming a force in films, has declining vision due to macular degeneration, but “I’m not prepared to stop doing things,” she says. “If I can’t do one thing, then I’ll have a go at another.” Read on for more of a legend’s sparky wisdom.



ACTING ROYALTY

Above: as Elizabeth I in 1998's *Shakespeare in Love*. Right: She earned early acclaim for a 1960 London production of *Romeo and Juliet* (with John Stride).





1

1. The star in 1968.
2. Shooting *The Second Best Exotic Marigold Hotel* with Poppy Miller in India.
3. With Gwyneth Paltrow after their Shakespeare Oscar wins in 1999. Her statuette? "It's on a bookshelf at home."



2



3

Be honest about aging.

There's nothing good about being my age. Someone said to me, "You have such a wealth of knowledge." I just said, "I'd rather be young and know nothing, actually." Bugger the wealth of knowledge! I suppose there are good things, but you have to find them. Celebrate the things you can do and also try to do new things. I believe in that tremendously.

Work with your friends.

Maggie Smith and I were at the Old Vic together in 1958! We've done plays together, films together. The same with Bill Nighy and Celia Imrie [also *Marigold* costars]. You have a shorthand with someone you know very, very well. I love being part of a company. I'd never consider doing something on my own, like a monologue. [Would she guest-star on *Downton Abbey* with Smith?] I don't know, who knows? I love watching it. I'd miss watching it [if I were in it]!

Be prepared to change direction.

I trained as a theater designer. That's what I was going to be. In the '50s I went to Stratford to see *King Lear* with this incredible set. I can remember thinking, "I'm not ever going to have imagination

to make a set like that." If I did, maybe I would have gone on to be a designer. When I watch [performances], I watch with a designer's eye as well as an actor's eye.

Forget "coping"—think adapting.

My eyes only affect me if I'm somewhere dark and there are steps and I don't see very well. I couldn't go on the Underground now without somebody. I have all my scripts blown up. If six of us were coming in to read a sonnet, they'd all have one piece of paper and I'd have two or three. Or I have people read things to me—but then I've always been like that. I've never been very good at reading a play; I've only ever been good at being told a story.

FAMILY BUSINESS

Dench and Michael Williams (with daughter Finty in 1991) were wed for 30 years, until his death in 2001. On red carpets, "Finty and I are rather starstruck!" says Dench.



I paint a lot, and I find it very difficult because if I look at something and then I look back at [the canvas], my eyes don't adjust quickly enough to transfer that. Then I thought, "That's what painting is about. Don't translate it literally, translate it the only way you can." If you think "learning to cope," then it somehow makes it worse. No! You're trying to do it in a different way.

Let your kids find their own path.

Finty [her daughter with her late husband, Michael Williams] wanted to be a nurse when she was little. We said, "Go for it!" Then it became inevitable that she wanted to be an actress. My grandson [Sam, 17] doesn't want to be an actor at all, and I'm glad. It's so ephemeral.

It's fun playing royals, but you wouldn't want to be one.

I find [the royal family] utterly charming, doing an unenviable job—the pressure! We can all think, "I've got to work very hard for the next four days," but theirs is interminable. It's forever being in the public eye, forever being criticized. I think they do a brilliant job. [The Queen named Dench a dame in 1988.] I'm exactly the same person and behave the same. No curtsying, no bowing! ●



TABLET BONUS! More wisdom from Dench, and photos of her remarkable career

Started my Camry.
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Searched for the owners.
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Took a leap of faith.
Left them all behind.
Kept the dog.

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Let's
Go
Places

Furry Feline Phenom

WITH HIS WOLF-MAN FUR
AND PIERCING STARE,
THIS PERSIAN KITTY IS AN
ONLINE STAR

It started with a dare. Nathalie Côté wanted to prove to her kids that more than 100 people would like pictures of her unusually fuzzy feline, so she posted a picture on Facebook. “Atchoum was so cute!” says Côté, who received the cat as a gift last July from a coworker at the Quebec veterinary hospital where she works as a groomer. “Differences are beautiful in living things.” The 9-month-old cat became an instant viral hit, and the rest is, well, hirsutary. Born with hypertrichosis, a condition that is not life-threatening but causes excess hair, Atchoum is otherwise healthy, says Côté, but he requires a lot of care. She brushes his hair twice a week to prevent knots and regularly removes small secretions from his eyes and nose. Atchoum also keeps Côté on her toes. “He jumps on chairs and unfortunately on tables too,” she says, “but I’m proud to have a little werewolf in the family!” —ANTOINETTE Y. COULTON



“Atchoum is affectionate and funny,” says Côté.

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lifted with one hand.

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MENTOR WITH A MOP

TEXAS HIGH SCHOOL JANITOR **CHARLES CLARK** HAS HELPED HUNDREDS OF KIDS THROUGH LIFE'S ROUGH SPOTS

"I've found a place in life where I can make a difference," says Clark (with students at Trinity High).

WHEN CHARLES CLARK TOOK A JOB AS A CUSTODIAN at Trinity High School in Euless, Texas, in 1989, he quickly saw a need for more than clean floors. Many students were poor and had no fathers around. Clark, a married dad of three, stepped in to help. Over the years the 65-year-old has mentored hundreds of kids, doing everything from buying them food, shoes and prom dresses to taking them into his home during crises. "He's one of the most recognized people on campus," says principal Mike Harris. "Kids seek him out." Butch Anthony Sias, a '96 graduate whose dad was in prison, says Clark took him to ball games and pushed him to get good grades. "He changed my life," says Sias, now a furniture salesman and married dad of a baby girl. Clark, one of eight children raised by a barber and a homemaker in Hattiesburg, Miss., says of his role at Trinity: "It's the best job in the world." —**CATHY FREE**

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BeautyWatch

DEAR READER,

I'm thrilled to be guest editing PEOPLE's beauty pages this week. It's such a great way to celebrate the launch of our Kardashian Beauty hair-care line, which has been a long time in the making. A fun part of my day is the time I get to spend with my styling team, talking about tips, trends, products and ingredients that help my sisters and me rock whatever style we're feeling at the moment. Over the years I've really learned and evolved when it comes to beauty. I'm excited to share that evolution—and some of my secrets!—with you on the pages to follow.

♥ *KimKardashianWest*

My Beauty Secrets!

BY PEOPLE GUEST EDITOR

Kim Kardashian West

HER NEW GO-TO HAIR PRODUCTS

"Kourtney, Khloé and I each got to pick our top products for the hair-care line. I think my favorites have to be the dry shampoo and dry conditioner!"

Kardashian Beauty Take 2 Dry Shampoo and Take 2 Dry Conditioner, \$13.99 each; ulta.com





"LAST MINUTE, KANYE SAYS, 'THIS MOMENT NEEDS A BRAID.' WE DID IT IN FIVE MINUTES. HE WAS SO DEFINITE ON THE BRAID, AND I WAS SO HAPPY WE DID IT."



On a day off, it takes "literally 15 minutes" to get ready, she says.

\$60; diptyque paris.com



stylist] and she was just begging to do my brows. I was like, "Eh, I don't know." After she did them, it changed my life. I didn't know how different they can make your face look. **You must be a false-lash pro by now.** I don't wear them as much as I used to! And when I do, I never put them on myself. Only in an emergency situation. **What's your current beauty fixation?** I was obsessed with roses when I was

pregnant, and it never went away. I have Diptyque Roses candles all over my house. **Do you like looking back at your beauty evolution?** Yes, even if I'm like, "Why would I wear that hairstyle?" When I look at a picture, I know who did my makeup and where I was, and it brings back all these memories. It's fun to see this journey of glam. It might be ridiculous to some people, but it's fun for me!

How has your beauty routine changed since having [21-month-old] North?

I had to make a decision this morning: wash and blow out my hair, which takes 45 minutes, or play with my daughter. So I decided not to wash it today, and that's okay!

Is she into your makeup yet?

She can open my blush, put the brush in and put it on her

cheek. Today she was opening my lipstick. She puts it up to her lips like she knows what she's doing! **What's your earliest beauty memory?** Getting my nails done with my mom when I was a little girl. We would sit with her, and we were just so patient.

Tell us one of your beauty secrets.

I have the hairiest forehead you can ever imagine! In high school, I would wax it. If you Google [me in] 2008 or so, I had the craziest, hairiest hairline. Then I decided to laser it off—I didn't change the shape, just got rid of all the baby hairs.

When do you feel most beautiful?

When Mario [Dedivanovic, her longtime beauty pro] has done my makeup. I could literally sit in a chair and not have a mirror in front of me and just walk out knowing I can trust him.

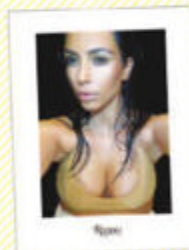
What's Kanye's favorite look on you? He loves no makeup. We had guests the other day and I was in sweats—I was like, "I'm so sorry, guys!" He said, "Don't say that! You look so beautiful. It's how I like you best."

So what are you liking best about your look? I love where my eyebrows are going right now. I met Anastasia [Soare, eyebrow



KIM LOVES A WHITE DRESS—AND THIS 2012 BET AWARDS LOOK WAS ONE OF HER FAVES. "I WORE TOM FORD AND MY HAIR WAS DOWN BUT OFF MY FACE. I LIKED THAT"

What's Next for Kim



Selfish

Treat your coffee table to a 300-page collection of Kim's best selfies, which will be published by Rizzoli and available in May for \$19.95.

Kardashian Kids

After launching girls' apparel in 2014, the sisters will debut their first boys' line at Babies "R" Us this spring.



MIRANDA KERR



blow dry ADDICT

#IAMWHOIAM

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La Mer The Broad Spectrum
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\$85; cremedelamer.com



"I usually put on a tinted moisturizer, bronzer, a little bit of blush and mascara. That's it. My favorite mascara is **Lancôme Hypnôse**."

\$27.50; lancome-usa.com



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lauramercier.com



"Bronzer is key. We have the most amazing one in our line, **Kardashian Beauty**. I'm literally obsessed with it."

Endless Summer Matte Bronzer,
\$14.99; ulta.com

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BodyWatch

TIA MOWRY-HARDRICT WHAT I EAT IN A DAY

The 5'4" star of Nick at Nite's Instant Mom—and real-life mom to son Cree, 3—sticks to healthy, home-cooked meals and keeps fit with yoga, WundaBar Pilates and SoulCycle sessions



HYDRATION

Eight tall glasses of water and 8 oz. of hot green tea daily

BREAKFAST

Organic fruit and veggie smoothie with strawberries, pineapple, banana, avocado, spinach, Greek yogurt and skim or almond milk

SNACKS

Home-baked kale chips seasoned with lemon juice and olive oil

LUNCH

Grilled shrimp and spinach salad with about ½ lb. shrimp sautéed with salt, pepper and garlic—dressed with a homemade lemon vinaigrette

DINNER

Three “lollipop” cuts of lamb seasoned with Herbes de Provence, 2 tbsp. extra-virgin olive oil and ½ tsp. organic agave nectar, served with a handful of steamed green beans

TOTAL CALORIES:
1,642

THE VERDICT

“I would like to see her snack a tiny bit more consistently and add a little more protein to her breakfast,” says dietitian Keri Glassman of NutritiousLife.com. “But I love the consumption of healthy fats, like olive oil. She is also eating throughout the day—not starving herself and bingeing at the end. She’s doing an amazing job with clean, whole foods.”

HER FOOD PHILOSOPHY

“I eat what I want, but I make sure not to go overboard,” says the former *Sister, Sister* star, 36. “It’s all about the portions. And drinking tons of water keeps me hydrated and feeling full.”



ON THE SET

Mowry-Hardric (above right, with Sydney Park on *Instant Mom*) can also be seen sharing parenting tips on *Mom Talk*, a new video series on People.com.



CLOCKWISE FROM TOP RIGHT: SCOTT DRAHER; BONNIE OSBORNE/NICKCRODEON; PROHIBEA/CZAS/ALAMY; MARTIN TURZAKI/ALAMY; WESTEND/GETTY IMAGES; MAX/GETTY IMAGES; DAVID BOND/OUTLINE; JAMES HAMILTON/OUTLINE; JAMES HAMILTON/OUTLINE

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One Last Thing

Uma Thurman

The actress, 44, stars in the new NBC family drama *The Slap*

Last thing I misplaced

Somewhere there are 8,000 tubes of lipstick that once belonged to me. I don't use keys, so that doesn't really apply. And very rarely I misplace my sense of humor, but usually not.

Last activity I did with my kids

I've been losing at the challenge of trying to learn Swedish on the Duolingo app with my son [Levon, 13]. It's like the baby steps of language that you put on your phone. He's way ahead of me; it's a really cool thing.

Last sunrise I watched

I think I saw the sunrise before Christmas when I was going to work early one day. It was over the Brooklyn Bridge and just gorgeous.

Last home-cooked meal

It was chicken soup. Well, that's unless you want to count this bagel with tuna fish that I just made 10 minutes ago.

Last home improvement

I've spent the last year renovating a new home. Now that I have a 2-year-old [daughter Luna], we needed more bedrooms than you can normally find in Manhattan. I'm kind of addicted to renovations. Once I finish a project like this, everyone worries I'll start something else. But I think I might have finally had my fill. At least for now.

Reported by **Jennifer Garcia**



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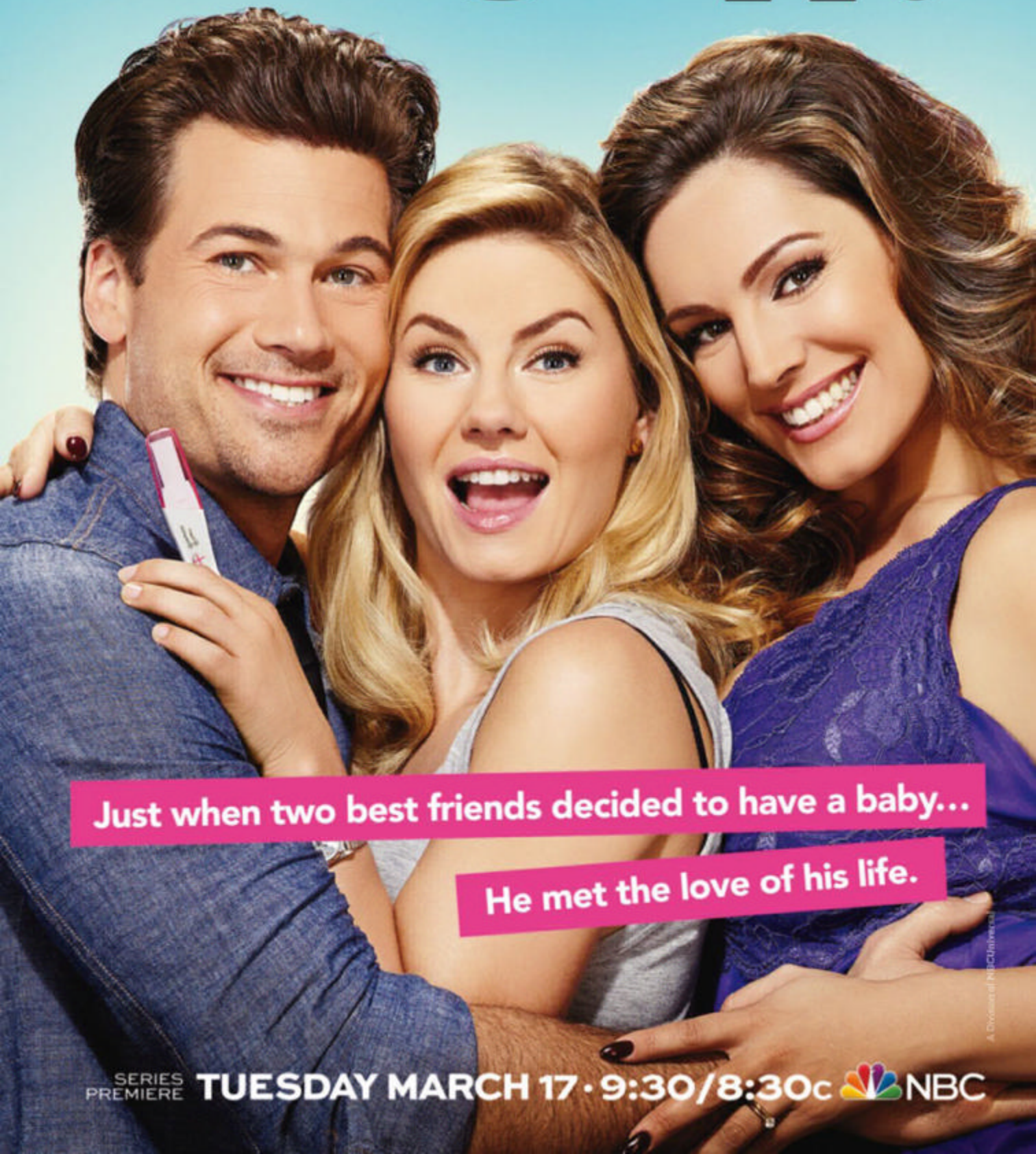
THE UNKNOWN

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